



AGE-FRIENDLY  
**KANSAS**

# **Age-Friendly Kansas Advisory Committee – Workgroup Structure and Planning for 2025**

*December 19, 2024*



# Agenda

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## Discussion and Action Items for Today:

- Updates
- **Discuss and Decide: 2025** Working Group and All-Member Meeting Structure
- **Two Breakout Rooms:** Meet your Working Groups

# Vision for an Age-Friendly Kansas

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The Age-Friendly Kansas initiative hopes to transform collected insights across the state into system-level improvements that enhance the health and quality of life for all aging Kansans.

To achieve this, we will bring together stakeholders, resources, research and expertise to create a statewide action plan that goes beyond raising awareness and drives real change toward making Kansas a more age-friendly state.

# Catch Up on Meetings: Age-Friendly Kansas Landing Page



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*Commitment to Healthy Aging*

## Age-Friendly Kansas

As the demographics of our population continue to shift, Kansas has the opportunity to elevate healthy aging as a core public health function. **Age-Friendly Kansas is a new statewide initiative** designed to unite aging and public health professionals to identify and embed healthy aging practices and age-friendly principles throughout Kansas communities, systems and sectors to improve the health and well-being of aging Kansans.

Link to AFK Landing Page: <https://www.khi.org/topics/age-friendly-kansas/>



## Write in Chat:

Share an example—big or small—of something you've seen, experienced, or read about recently that promotes age-friendliness.



# Updates



# Age-Friendly Ecosystem in Mississippi (2021-Present):

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## Alignment with Kansas:

### Life Course Perspective

- Incorporate a life course perspective in collaboration with DHS (Department of Human Services).
- Emphasize the importance of *all sectors working together* to create a dynamic planning effort.

### Conducted Environmental Scan

- State rural health initiatives
- Alzheimer's Task Force initiatives
- State Plan On Aging

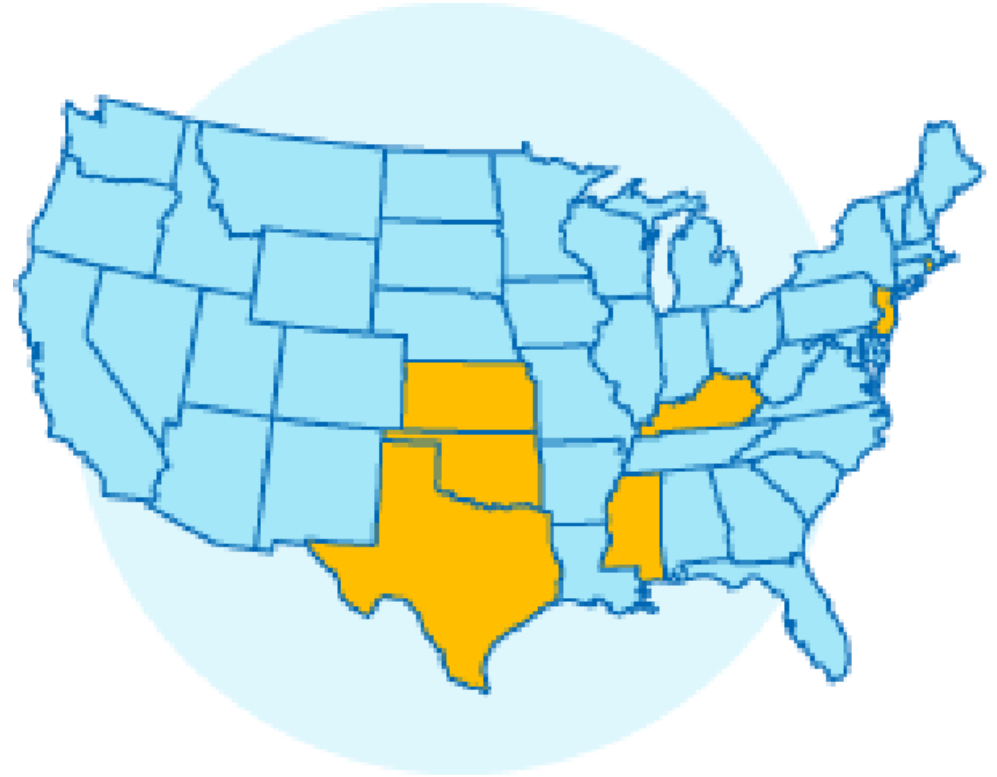
**Added Housing as topic of focus when 5C framework was updated to 6C framework**

# Leveraging and Expanding the Age-Friendly Kansas Initiative

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Seven states — **Kansas, Kentucky, Mississippi, New Jersey, Oklahoma, Rhode Island, and Texas** — have been selected to participate in the [\*\*Multisector Plan for Aging Learning Collaborative\*\*](#).

This national learning community, led by the Center for Health Care Strategies (CHCS), is helping states advance multi-year, cross-sector planning efforts to ensure that the needs of older adults, people with disabilities, and their caregivers are met over the coming decade.





# Benefits of Continued Participation

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## Workgroup members have the ability to:

- Contribute to the Age-Friendly Kansas Action Plan
  - Be listed as a contributor
  - Volunteer to author specific sections
  - Volunteer to lead workgroup
- Build capacity in multi-sector approaches to aging and public health work
- Network with others and keep a pulse on local, state and national opportunities and initiatives for aging and public health

# Sustainability of Age-Friendly Kansas

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## After March 2026 Action Plan Publication:

- KHI will explore ECHO peer-to-peer education model for disseminating the action plan to stakeholders and building curriculum around the age-friendly strategies and principles.
- Group can present action plan to stakeholders, policymakers and decisionmakers across Kansas and at state and national conferences.
  - Legislators
  - County Officials
  - Aging and Health Advocacy Organizations

# Strategy Domains - Workgroups

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Domains	
1.	Public Health Initiatives
2.	Transportation
3.	Healthcare Access and Services
4.	Housing and Community and Neighborhood Development
5.	<b>(Cross-Cutting Workgroup)</b> Systems and Collaboration
6.	Workforce Development and Education and Training
7.	Health and Wellness
-	<b>Cross-Cutting Principles:</b> Prevent Social Isolation, Support Aging in Place, Support Financial Planning, <b>Health Equity</b>

# Domain Workgroup Attendance and Registration

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## Recognizing cross-domain interest of members:

- Members will receive meetings for all the workgroup topics they signed up for.

**We will review workgroup progress and discuss strategies during quarterly all-member meetings.**

Transportation	Public Health Initiatives	Healthcare Access and Services	Housing And Community and Neighborhood Development	(Cross-Cutting) Systems and Collaboration	Workforce Development And Education and Training	Health and Wellness
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# Working Group Roles

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Each working group will develop specific strategies using the 6Cs framework to guide development. Workgroups will have designated roles:

**Steering Committee Facilitator and Group Liaison:** Guides the discussion, ensures adherence to the agenda, maintains focus, and promotes participation. Keeps track of group progress.

**Workgroup Lead(s):** This individual will be the main point of contact for their group. Should plan to attend all meetings.

**Subject Matter Experts (SMEs):** Provides specialized insight into technical or operational aspects related to the working group's focus area.

**Workgroup Members (also serve as SMEs):** Actively contribute ideas, propose strategies and provide feedback on action plan.

# Steering Committee Role

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**Steering committee will provide the following:**

**Governmental perspective on strategies:** May include access to funding, current work being done at the state-level, federal and state policy considerations, regulatory and program knowledge and access to technical and operational expertise.

# Workgroup Facilitation

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## Steering committee can provide the following:

- KHI or state agency facilitator
- Activities, templates and other tools for strategy development
- (If needed) Teams channel, Google or SharePoint Folder
- Research and information to inform strategy development



# Workgroup Structure Options

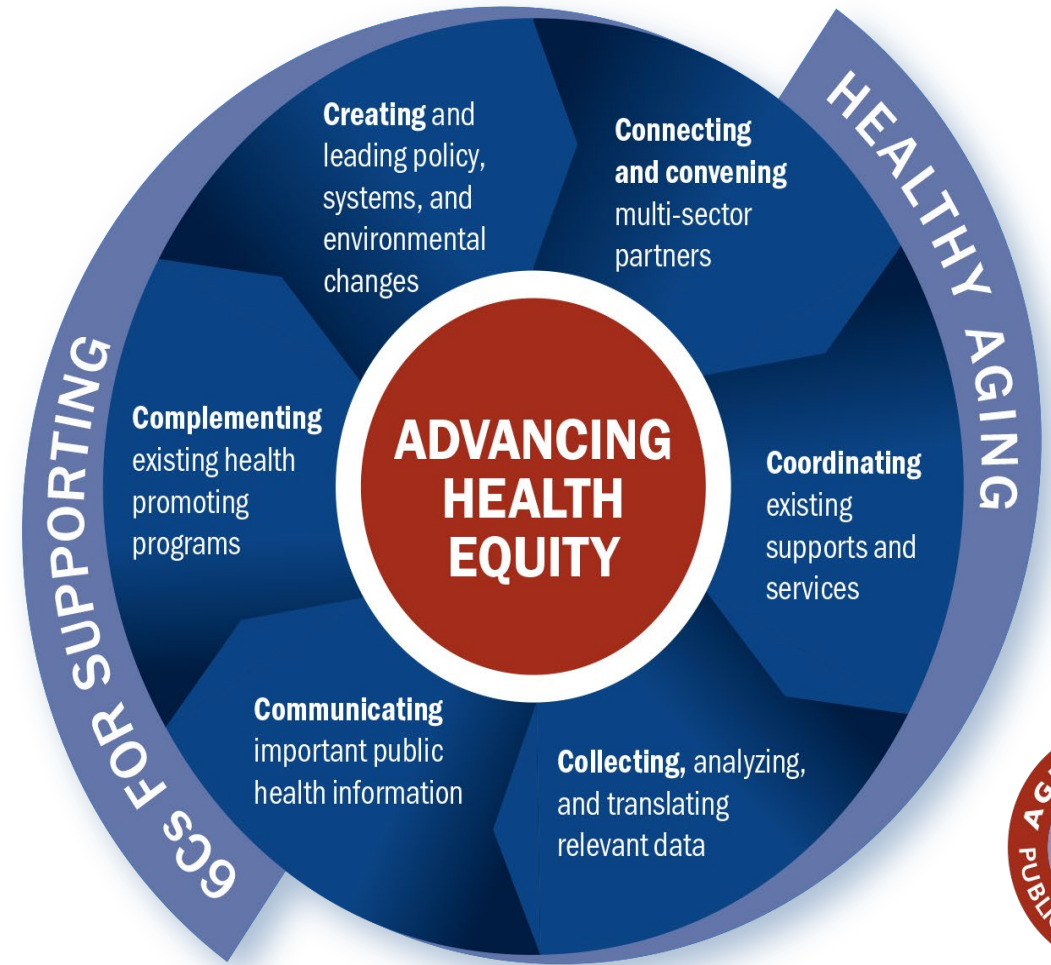


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# Strategy and Action Plan Development

## Option #1 Meeting Structure:

- **First Workgroup Meeting:** Prioritize at least 4 actionable strategies per domain.
- **Second Workgroup Meeting:** Complete draft strategies. Aim to align strategies with 6Cs framework.
- **Third Workgroup Meeting:** Finalize strategies
- **Quarterly All Member Meetings:** Review and discuss strategies as a group.



# Strategy and Action Plan Development

## Option #2 Meeting Structure:

- **First Meeting:** Prioritize at least 4 actionable strategies per domain.
- **Second Meeting:** Complete draft strategies. Aim to align strategies with at least one “c” of the 6Cs framework.
- **Quarterly All Member Meetings:** Review and discuss strategies as a group.



# Workgroup Meeting Structure Poll

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**Scan QR Code with  
Phone or Click the Link  
in the Chat**



# Working Group Breakouts (2 total, 10-15 minutes each)

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## Self-select your primary working group:

- Assign notetaker
- Determine who can serve as workgroup lead(s)
- Preference for facilitation.
  - KHI or state agency steering committee member can facilitate your workgroup meetings, but this is not required.
  - Would you like a shared platform to keep notes, minutes and other resources?

# Working Group Discussion

- What is energizing you about this winter season?
- Who is your lead?
- What level of facilitation do you need?
- What weekday works best for meeting?



# Next Steps:

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## Please complete the following:

- Check your email for workgroup(s) meeting registrations. These will arrive in January.
  - You will receive a separate email invitation for each group.
- **If you are a workgroup lead**, KHI will reach out to you to schedule a planning meeting in late January or early February.



# Contact Me

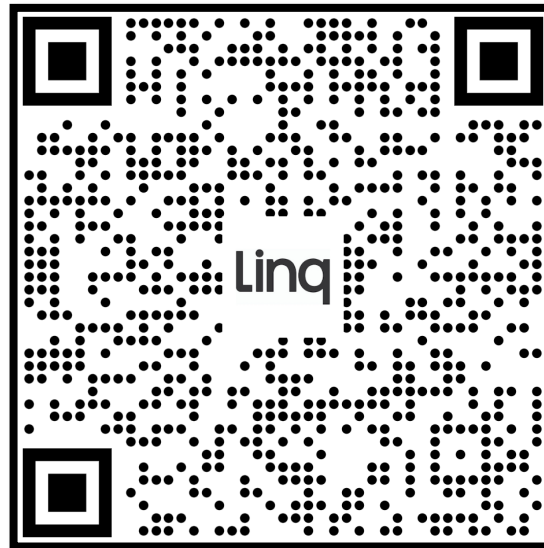
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# Connect With Us

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