



AGE-FRIENDLY  
**KANSAS**

# **Age-Friendly Kansas**

## **Advisory Committee – Addressing Social Isolation and Aging in Place in Rural Kansas**

*October 17, 2024*



# Agenda Items

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## Presentations:

- **Alan Morgan**, Chief Executive Officer, National Rural Health Association
- **Benjamin Anderson**, President and Chief Executive Officer, Hutchinson Regional Healthcare System

***Discuss Potential Strategies – Social Connection and Aging in Place in Rural Kansas***

# Strategy Domains

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Domains	
1.	<b>Public Health Initiatives</b>
2.	Transportation
3.	Housing
4.	<b>Healthcare Access and Services</b>
5.	<b>Community and Neighborhood Development</b>
6.	Systems and Collaboration
7.	Workforce Development
8.	Education and Training
9.	<b>Health and Wellness</b>
<b>Cross-Cutting Principles:</b> Prevent Social Isolation, Support Aging in Place, Support Financial Planning	

# Strategy Development Discussion - Compiling and Adapting New Knowledge

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During presentations, keep in mind the following questions:

- How can this information inform strategies?
- How can programs, services and the current system be adapted to be more age-friendly?
- What information is still missing?
- **Of our list of draft strategies, which ones should we prioritize?**
- **What strategies are actionable?**

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# Group Discussion

*Discuss how the information presented today can inform existing strategies and inform new ones*



*What information presented today resonated with you?*

*What opportunities mentioned today should we leverage or seek to expand on?*



## Action Items

**Review Modified Vision Statement and  
Working Group Sign-up**





# Vision Statement Development

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## Draft Vision Statement:

“We aim to bring together multi-sector organizations and stakeholders to combine resources, research, data and expertise, creating an integrated plan that moves from awareness of issues to impactful action.

We hope to transform collective insights into tangible improvements for systems-level change, enhancing the lives and health of older Kansans across the lifespan.”

# Vision Statement Development

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## **Modified Vision Statement:**

The Age-Friendly Kansas initiative hopes to transform collected insights across the state into system-level improvements that enhance the health and quality of life for all aging Kansans.

To achieve this, we will bring together stakeholders, resources, research and expertise to create a statewide action plan that goes beyond raising awareness and drives real change toward making Kansas a more age-friendly state.

- Integrates lifespan approach
- Reduced jargon

# Now Live: Age-Friendly Kansas Landing Page



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*Commitment to Healthy Aging*

## Age-Friendly Kansas

As the demographics of our population continue to shift, Kansas has the opportunity to elevate healthy aging as a core public health function. **Age-Friendly Kansas is a new statewide initiative** designed to unite aging and public health professionals to identify and embed healthy aging practices and age-friendly principles throughout Kansas communities, systems and sectors to improve the health and well-being of aging Kansans.

Link to AFK Landing Page: <https://www.khi.org/topics/age-friendly-kansas/>

# Looking Ahead - Meeting Schedule and Topics

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Thursdays from 1 - 2:15 p.m.

## **Next Meeting: Nov. 21, 2024**

*Age-Friendly Community and Neighborhood Development – Determining Metrics and Measures of Success*

***Presenter(s):** Shauneequa Owusu, Chief Strategy Officer and Tina Ansong, Senior Planner at ChangeLab Solutions*

- Dec. 19, 2024
- **Workgroup and Quarterly Meetings in 2025**

# Complete by October 31: Working Group Sign-Up – Scan QR Code

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## Sign-up for Topics of Interest to:

- Learn from each other
- Inform and develop actionable strategies for the AFK Action Plan

## Steering committee will assist with:

- Providing templates and tools to work through topics and strategies
- Setting up working group format (ex. meeting invitations, Teams channel, Google Drive folder and templates)



# Contact Me

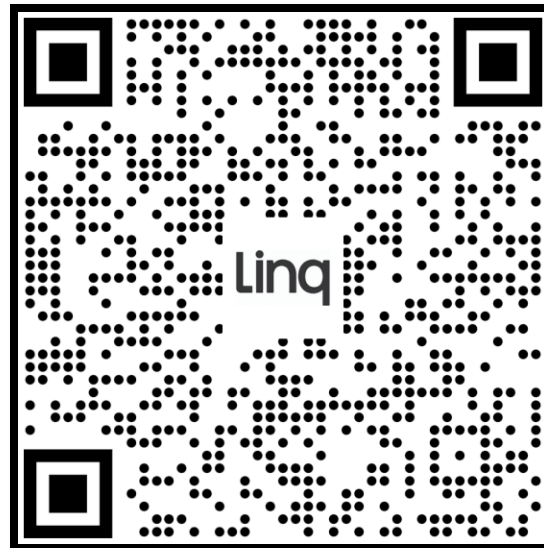
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# Connect With Us

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