



**KHI
POLICY
SERIES**



KANSAS HEALTH INSTITUTE

Informing Policy. Improving Health.

Exploring Medicaid in Kansas

Oct. 24, 2024

khi.org

Hello!

Kari Bruffett

President and CEO,
Kansas Health Institute



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Agenda

- 1:00 p.m. **Welcome**
- 1:05 p.m. **Setting the Stage:** *Medicaid in Kansas Overview*
- 1:20 p.m. **Meet the Team:** *Access to Care and Medicaid Experts at KHI*
- 1:35 p.m. **Shaping the Series:** *Interactive Breakouts to Identify and Prioritize 2025 topics*
- 1:55 p.m. **Closing Remarks:** *Reflecting on Our Path Forward*
- 2:00 p.m. **Adjourn**



Who We Are



- Nonprofit, nonpartisan educational organization based in Topeka.
- Established in 1995 with a multi-year grant by the Kansas Health Foundation.
- Committed to convening meaningful conversations around tough topics related to health.



Acknowledgments

We recognize the following individuals for their contributions:



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*Digital
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Hello!

Sheena L. Schmidt, M.P.P.

Senior Analyst and Strategy Team Leader,
Kansas Health Institute



Setting the Stage: Medicaid in Kansas Overview



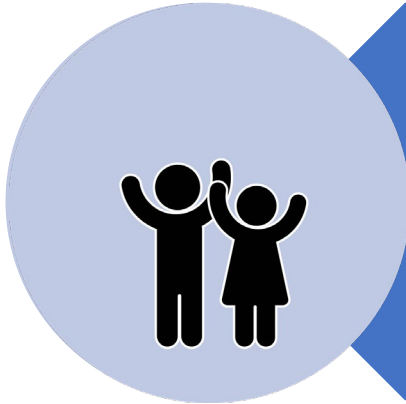
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Medicaid and the Children's Health Insurance Program (CHIP) in Kansas



Medicaid: Enacted in 1965, it provides coverage for health services and long-term care to eligible low-income dependent children, parents, pregnant women, people with disabilities and older adults, as well as some individuals with specific health conditions.



CHIP: Adopted in Kansas in 1998 and implemented in 1999, it provides similar coverage to uninsured low-income children who are not eligible for Medicaid, but who can't afford private coverage.



Financing Medicaid and CHIP

- Jointly funded by the federal government and states.
- By law, every state receives at least a 50 percent match in federal dollars. Federal Medical Assistance Percentages (FMAP) vary by state.
 - Medicaid: **60.97 percent** in Kansas (for every \$1 that Kansas spends on Medicaid, the federal government contributes \$1.56)
 - CHIP: **72.68 percent** in Kansas
 - The federal match rate that had been enhanced during the pandemic is phased out in 2024.



Differences Between the Medicaid and Medicare Programs in Kansas

Medicaid

- Medical care and long-term care coverage for low-income children and pregnant women, and some low-income parents, adults age 65 and older and individuals with disabilities.
- Administered at the state level, within federal guidelines.

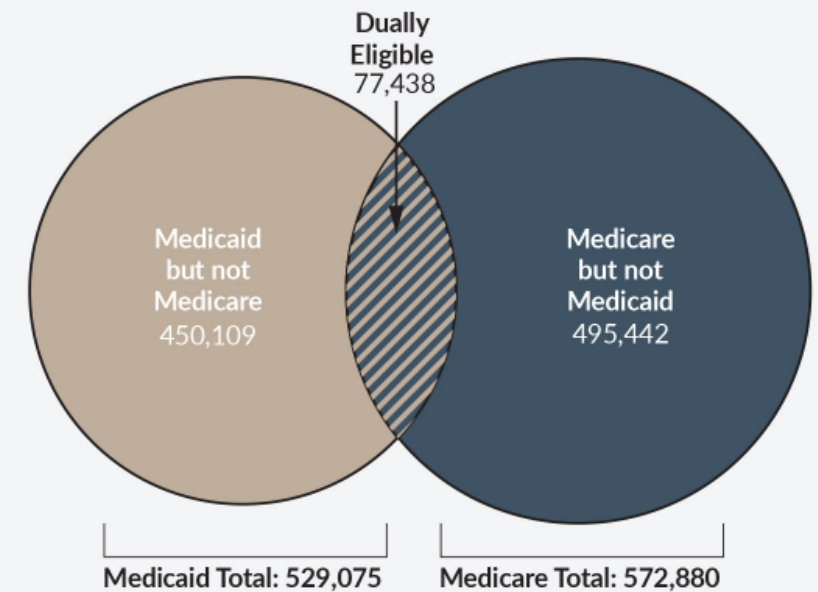
Medicare

- Provides benefits for adults age 65 and older, some people with disabilities who qualify for social security benefits or who are receiving treatment for end-stage renal disease.
- Provides medical care coverage, but very limited long-term care coverage.
- Has no income limit.
- Receives federal funding collected by payroll deduction and administered at the federal level.

Dually Eligible

- Medical care coverage for low-income adults age 65 and older and low-income individuals with disabilities who qualify for social security disability benefits.
- Medicaid pays for Medicare premiums, out-of-pocket expenses and additional services not provided through Medicare such as long-term services and supports.
- Administered at the state and federal levels.

Number of Enrollees, Fiscal Year 2023



Source: Kansas Health Institute analysis of Kansas Medical Assistance Report (MAR), 2008-2023. Division of Health Care Finance. Kansas Department of Health and Environment. KHI analysis of data from the KDHE Enterprise Data Warehouse and CMS Program Statistics.



Medicaid and the Children's Health Insurance Program (CHIP)

Key Events Impacting Medicaid and CHIP

2007-2009
Great Recession

January 2013
KanCare Adopted

October 2013
Healthcare.gov
Launched

July 2015
Kansas Eligibility
Enforcement System
Implemented for
Medicaid Eligibility

December 2018
KanCare Reapproved
through December
2023

March 2020-2023
COVID-19 Pandemic
and Related Policy
Changes

July 2022
Extension of Post-Partum
Coverage for Pregnant
Women from 60 Days to
12 Months

April 1, 2023
Medicaid Eligibility
Redeterminations
Resume

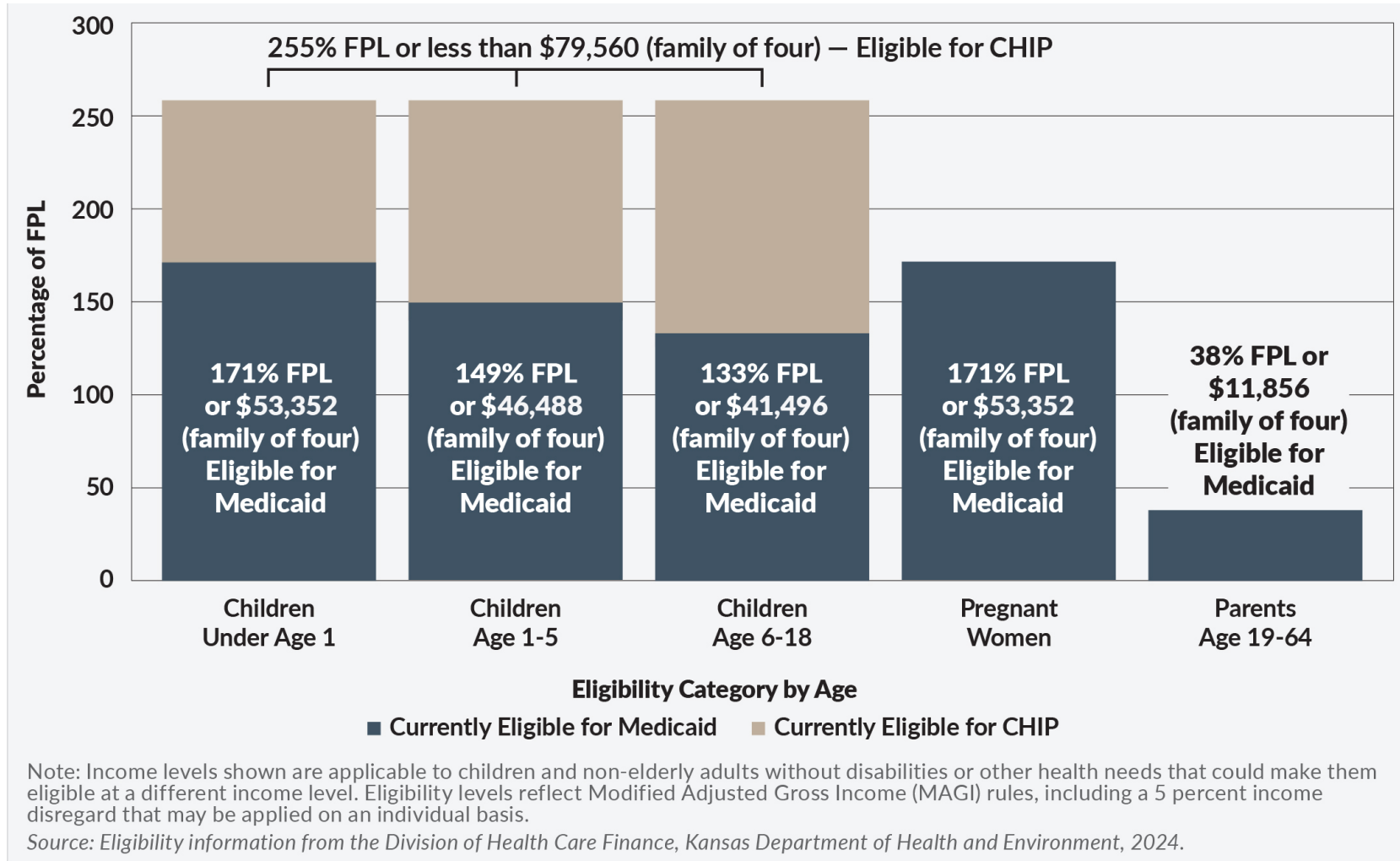
April 2024
KanCare MCO
Contracts Awarded

Dec. 31, 2024
Previous KanCare
MCO Contracts
Expire

Jan. 1, 2025
Awarded KanCare
MCO Contracts
Take Effect



Income Eligibility Levels for Children and Families in Kansas Medicaid and CHIP, 2024



State Plans, Amendments and Waivers

- The federal Centers for Medicare and Medicaid Services (CMS) approves a State Plan for the Medicaid and CHIP programs in each state. It is a contract between the state and federal government describing:
 - How it will administer the program
 - What services will be covered
 - What groups will be eligible
 - How much it will reimburse providers
- The State Plan can be changed by an Amendment or Waiver



Medicaid Populations

Covered Populations in Kansas

Low-income children
and families

Pregnant women, parents or
caretakers, and infants and
children, including children in
foster care

Low-income older
adults and people
with disabilities

Medically Needy, MediKan,
Working Healthy, Medicaid-
Medicare Dual Eligibility,
Program of All-Inclusive Care for
the Elderly (PACE), HCBS
Waivers

Other Medicaid
populations include
eligible individuals with
breast and cervical
cancer, tuberculosis or
acquired
immunodeficiency
syndrome (AIDS)



Kansas Home and Community-Based Services (HCBS) Waivers, Enrollment, Waiting Lists and Institutional Equivalents, October 2024

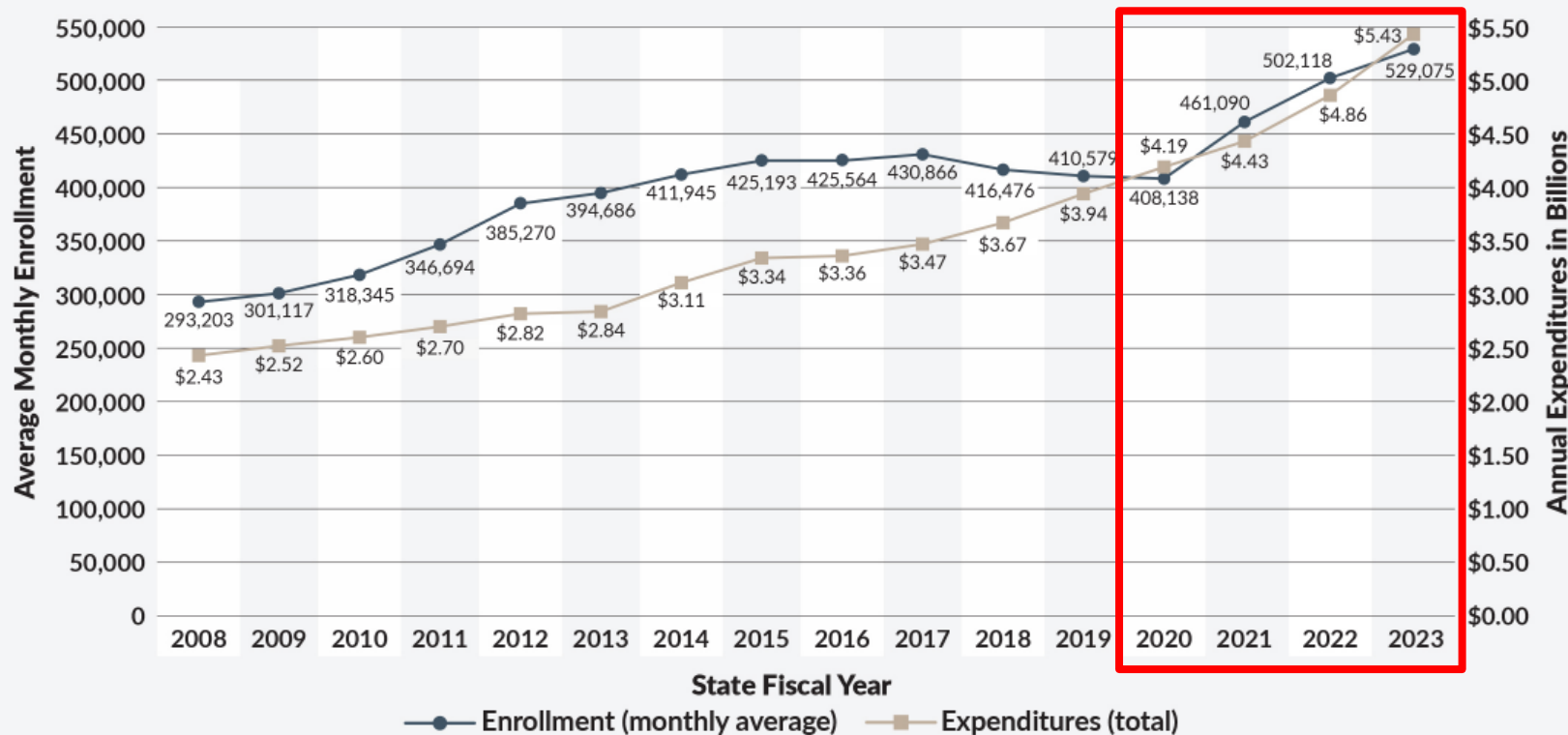
Waiver Program	Enrollees	Individuals on Waiting List/Proposed Recipients	Institutional Equivalent or Level(s) of Care Required
Autism (age 0-5 for initial eligibility; AU)	54	707	Inpatient psychiatric facility for those age 21 and under
Brain Injury (age 0-64; BI)	1,071	0	Traumatic brain injury rehabilitation facility and hospital
Frail Elderly (age 65+; FE)	7,769	0	Nursing facility
Intellectual/Developmental Disability (age 5+; I/DD)	9,097	4,549	Intermediate care facility for individuals with intellectual disabilities
Physical Disability (age 16–64; PD)	5,999	1,069	Nursing facility
Serious Emotional Disturbance (age 4-18; SED)	3,749	0	Inpatient psychiatric facility for those age 21 and under
Technology Assisted (age 0-21; TA)	826	0	Hospital

Source: Kansas 1915(c) waivers and October 2024 HCBS Monthly Summary, Kansas Department for Aging and Disability Services.



Medicaid and CHIP Average Monthly Enrollment and Annual Expenditures in Kansas, FY 2008-2023

Figure 1. Medicaid and CHIP Average Monthly Enrollment and Annual Expenditures in Kansas, Fiscal Years 2008–2023

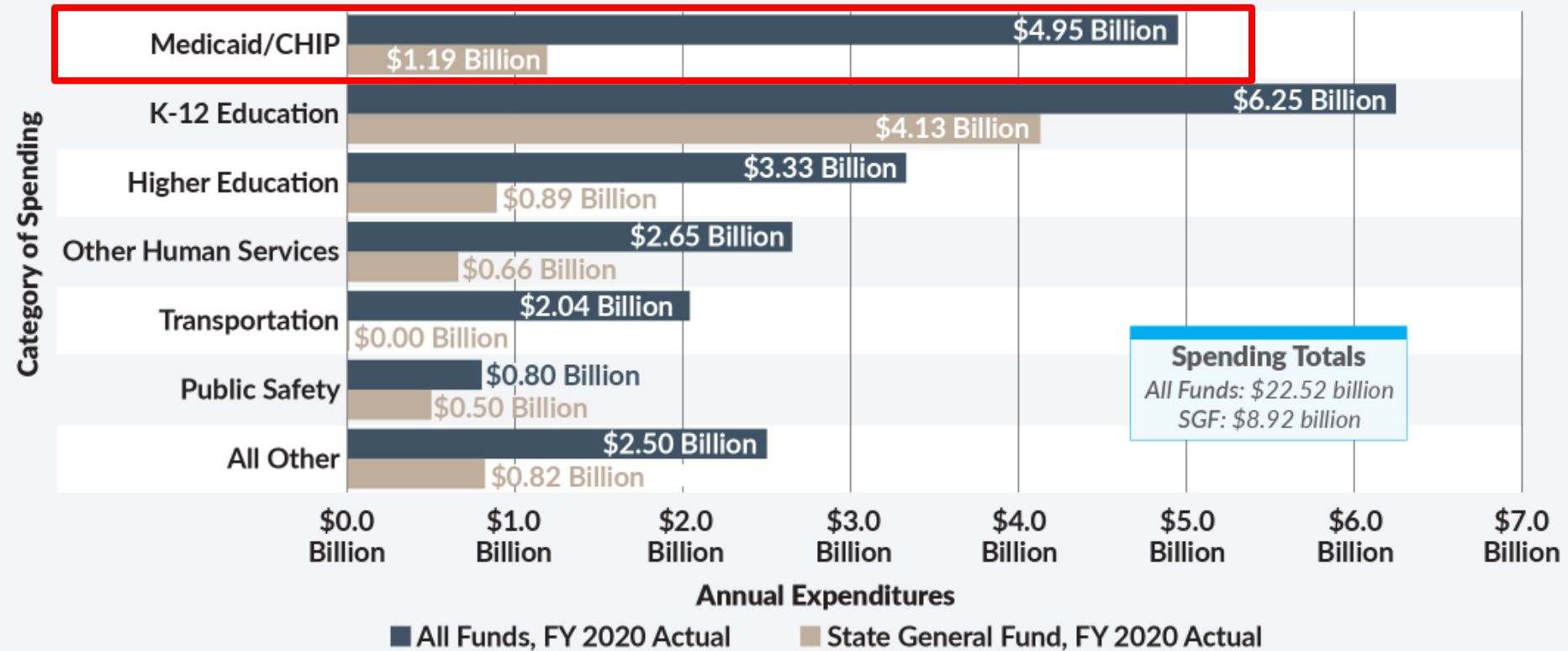


Note: Enrollment represents the average monthly enrollment for the state fiscal year. All Medicaid and CHIP beneficiaries are included. Expenditures include total state and federal spending for the state fiscal year.

Source: Kansas Health Institute analysis of Kansas Medical Assistance Report (MAR), 2008–2023, Division of Health Care Finance, Kansas Department of Health and Environment.



Medicaid and CHIP Spending Compared to All Categories of Spending, Kansas FY 2022



Note: Medicaid/CHIP total differs from Figure 1 because certain expenses are included in the Medicaid total in the Governor's Budget Report but not in the Medical Assistance Report.

Source: Kansas Health Institute analysis of FY 2024 Governor's Budget Report, Major Medicaid Programs Table and Schedules 2.1, 2.2, 5.1 and 5.2, FY 2022 Actuals.



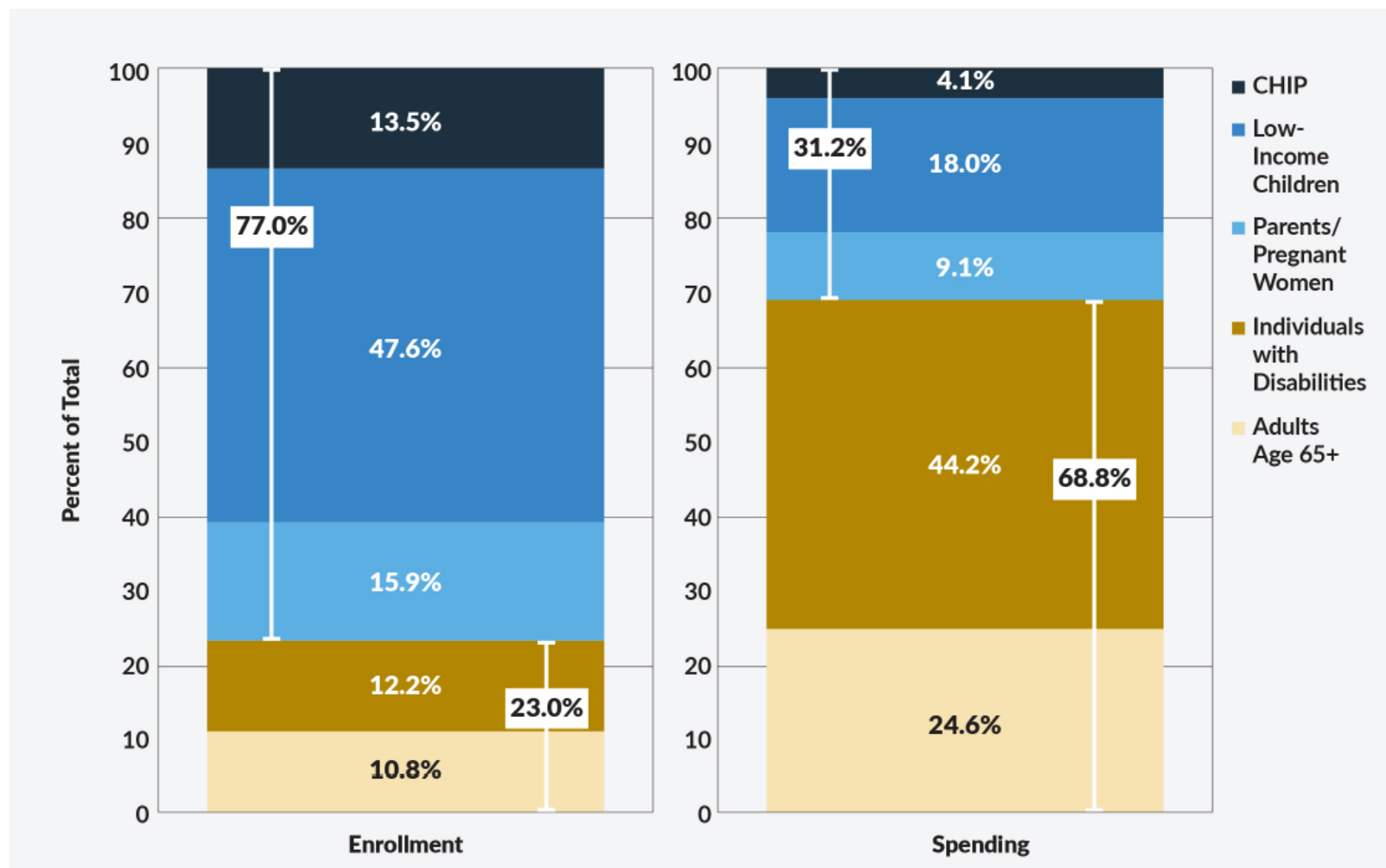
Per Capita Annual Cost by KanCare Population, Kansas FY 2023

Annual Medicaid Spending by Population Group		FY 2023
Individuals with Disabilities		\$32,459
Adults Age 65+		\$20,511
Parents/Pregnant Women		\$5,147
Medicaid Children		\$3,391
CHIP		\$2,763
CHIP/Medicaid Children and Families Combined		\$3,644
All Enrollees		\$8,895

Source: Kansas Health Institute analysis of Kansas Medical Assistance Report (MAR), 2023, and additional data from the Division of Health Care Finance, Kansas Department of Health and Environment.



Medicaid and CHIP Population Groups and Spending, FY 2023



Source: Kansas Health Institute analysis of Kansas Medical Assistance Report (MAR), FY 2023, and additional data from the Division of Health Care Finance, Kansas Department of Health and Environment.



Meet the Team:

Access to Care and Medicaid Experts at KHI



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Meet the Team



Sheena L. Schmidt, M.P.P.
Senior Analyst and Strategy
Team Leader

Let's connect about...

Medicaid policy, collaboration with
state agencies and stakeholders,
KanCare procurement,
expansion, upcoming work.



Meet the Team: Publications



Emma Uridge, M.P.H.
Analyst

Let's connect about...

Connecting with other states about their experiences with Medicaid expansion, Medicaid basics and Age-Friendly Kansas.



Meet the Team: Publications



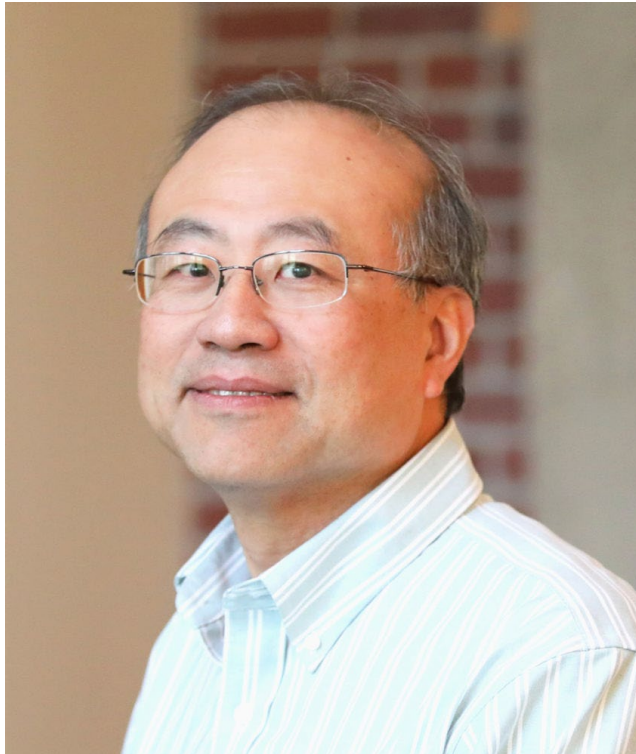
Kaci Cink, M.P.H.
Analyst

Let's connect about...

The impact that expanding Medicaid coverage would have on KanCare enrollment and expenditures using the latest available data on population, costs and savings. As well as analysis of characteristics of the expansion population.



Meet the Team: Collaborative Efforts and Measures



Wen-Chieh Lin, Ph.D.
Director of Research

Let's connect about...

Meaningful measures that help us better understand KanCare; access and integrating data for program monitoring and evaluation.



Meet the Team: Rural Health



Wyatt Beckman, M.P.H.
Senior Analyst

Let's connect about...

Innovative approaches to improve rural health care access, like community paramedicine and those featured in the *Health on the Plains* podcast.



Meet the Team: Upcoming Work



Valentina Blanchard,
M.P.H., L.M.S.W.
Analyst

Let's connect about...

Medicaid and behavioral health, especially as it relates to Certified Community Behavioral Health Clinic (CCBHC) model.



Meet the Team: Upcoming Work



Cynthia Snyder, M.A.
Senior Analyst

Let's connect about...

Medicaid and impacts on health and social services workforce, especially as it relates to long-term services and supports and nursing.



Meet the Team: Legislative Monitoring



Linda Sheppard, J.D.
Senior Analyst and Strategy
Team Leader

Let's connect about...

Monitoring and analysis of legislative discussions or actions related to the programs, benefits and funding of KanCare (Kansas Medicaid).



Meet the Team



Kari Bruffett
President & CEO

Let's connect about...

How KHI's work can inform
the Medicaid policy and
program issues you care
about.



Shaping the 2025 KHI Policy Series: Identify and Prioritize Topics



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Breakout Room: Objectives

- **Share** topics and questions of interest.
- **Discuss** key takeaways.



Breakout Room: Structure

Four breakout rooms with 2-3 KHI facilitators.

Breakout Room #1

- KanCare measures, oversight and evaluation
- Managed Care

Breakout Room #2

- Behavioral health
- Access to care

Breakout Room #3

- Covered populations
- Home and Community Based Services

Breakout Room #4

- Recent developments, policies, and initiatives
- Innovations



Breakout Room #1

KanCare Measures, Oversight and Evaluation

- How Kansas assesses the performance of its Medicaid program, KanCare. It involves identifying measures about the quality of health care services, patient outcomes and cost-effectiveness.

Managed Care

- Managed Care Organizations administer Medicaid services to enrollees. These organizations are responsible for coordinating care, managing health care costs and improving the quality of services provided to Medicaid beneficiaries.



Breakout Room #2

Behavioral Health

- Behavioral health, as it relates to Medicaid in Kansas, encompasses both mental health and substance use disorder services. It involves the prevention, diagnosis and treatment of emotional, psychological and addiction-related issues.

Access to Care

- Includes various issues related to the availability and access to services, health-related social needs (e.g., transportation, child care, employment, etc.), the workforce that serves Medicaid enrollees and rural communities, among others.



Breakout Room #3

Covered Populations

- Medicaid provides coverage for health services and long-term care to eligible low-income dependent children, parents, pregnant women, people with disabilities and older adults, as well as some individuals with specific health conditions.

Home and Community Based Services

- Medicaid provides long-term care services to individuals with disabilities, older adults and others with significant care needs, allowing them to receive assistance outside of institutional settings such as nursing homes. HCBS is delivered through **waivers**, which are designed to offer flexible care options, enabling eligible individuals to live independently in their homes or community settings while receiving medical and support services.



Breakout Room #4

Recent Developments, Policies and Initiatives

- This could include administrative policy changes, legislative activity (e.g., post-partum coverage extension), initiatives focused on addressing social determinants of health, and other actions related to the Medicaid program in Kansas.

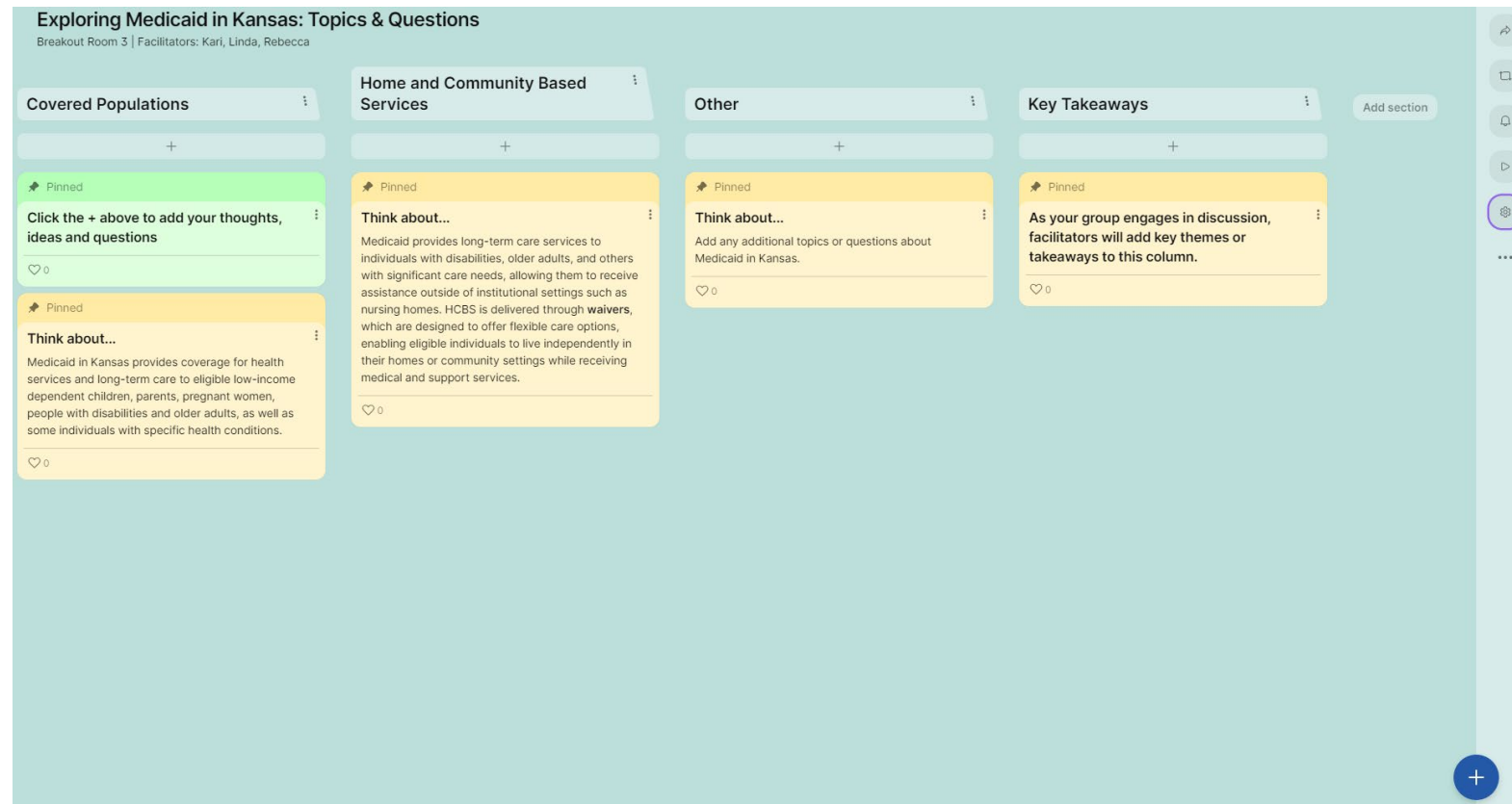
Innovations

- Innovations include new approaches to serving Medicaid enrollees, (e.g., telehealth, health homes, value-based care, waivers, etc.).



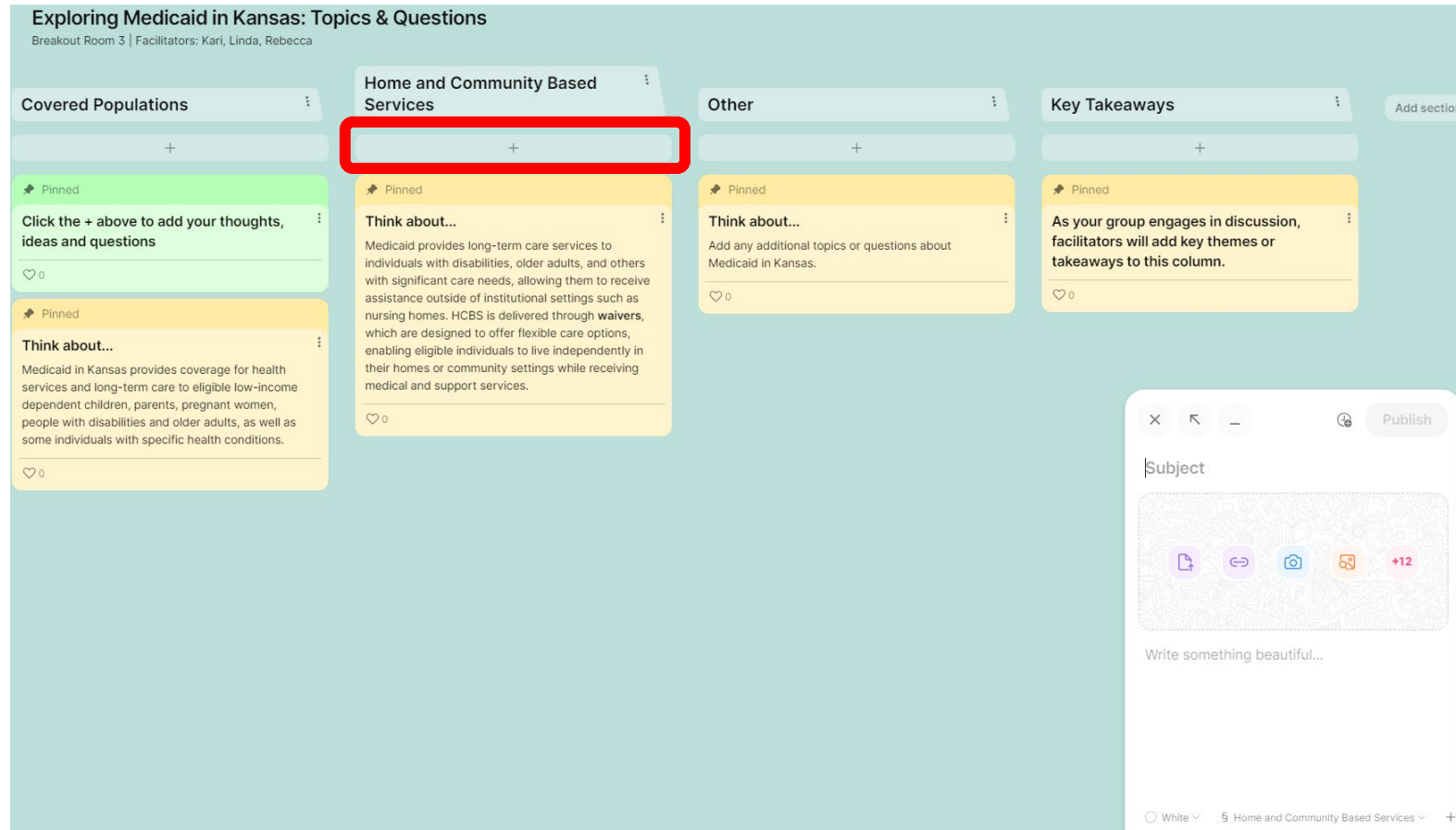
Breakout Room Tool: Padlet

Collaborative tool to support discussion

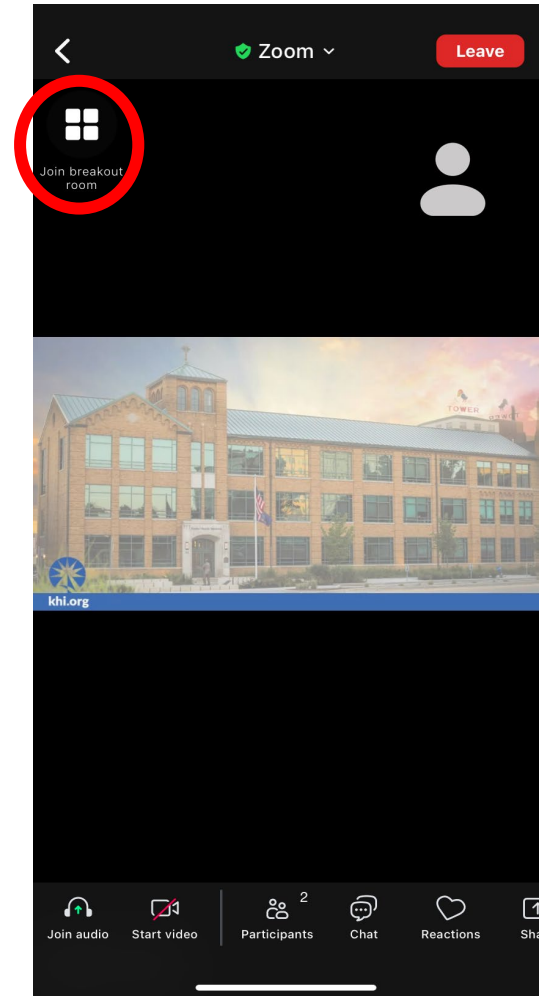
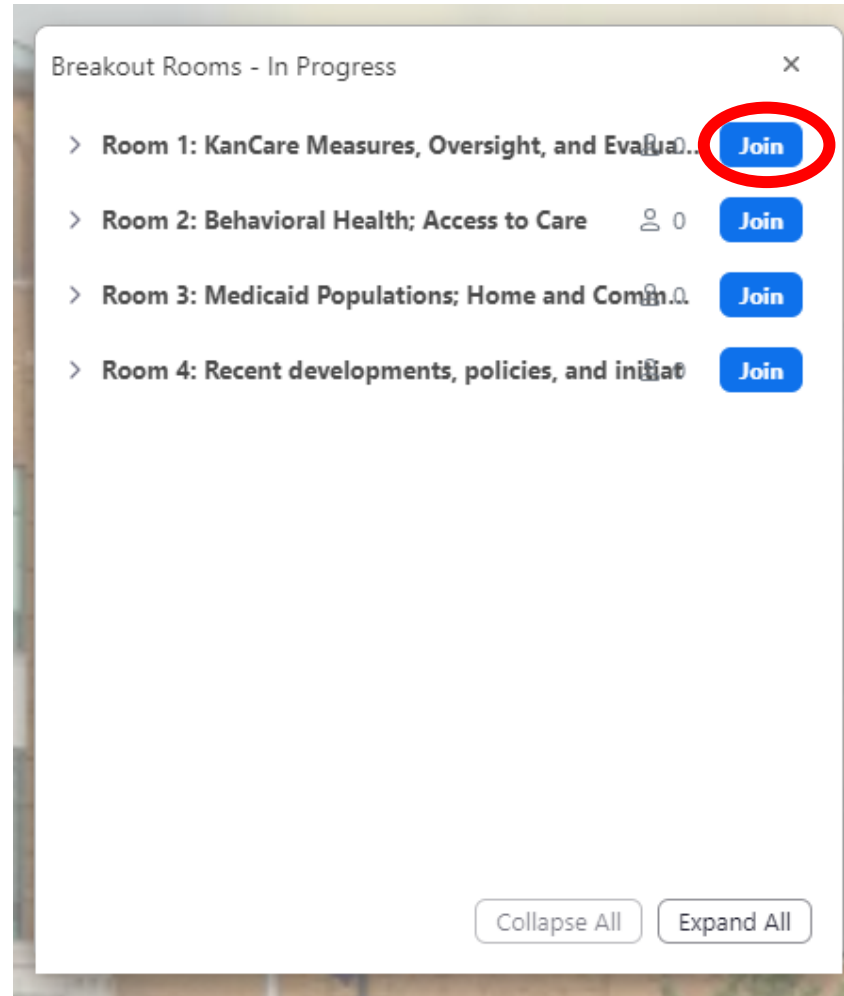
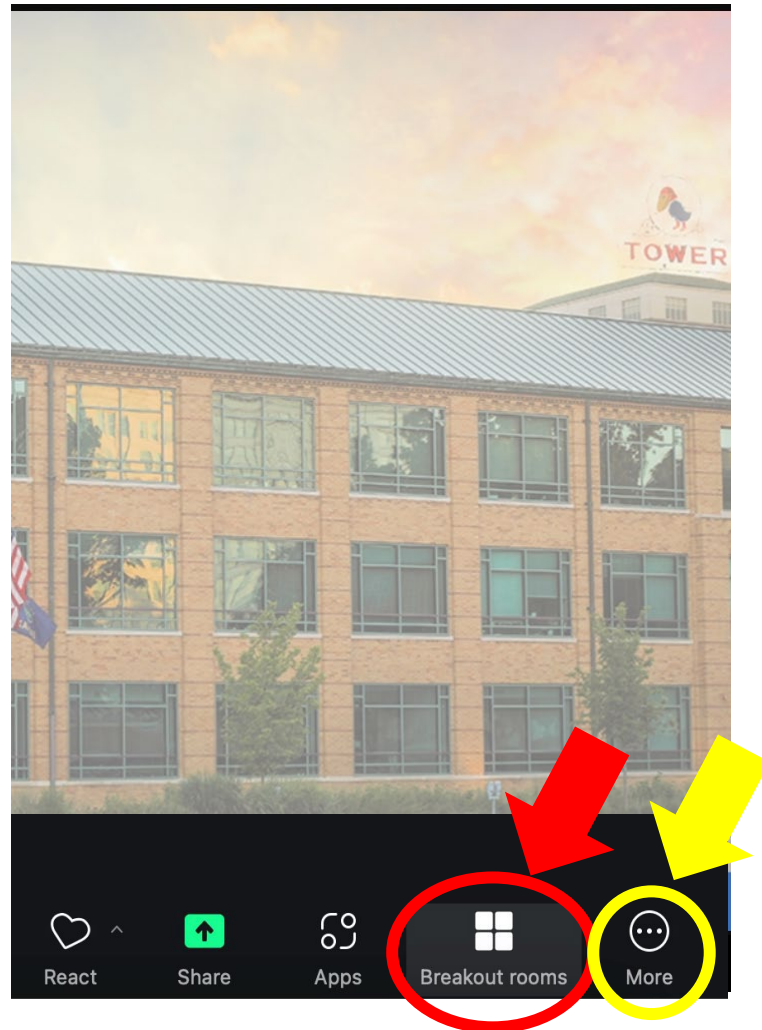


Breakout Room Tool: Padlet

Collaborative tool to support discussion



Selecting a Breakout Room



Select Your Breakout Room

Breakout Room #1

- KanCare measures, oversight and evaluation
- Managed Care

Breakout Room #2

- Behavioral health
- Access to care

Breakout Room #3

- Medicaid populations
- Home and Community Based Services

Breakout Room #4

- Recent developments, policies and initiatives
- Innovations



Reflecting on Our Path Forward



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Key Takeaways

Share **key takeaways** or **highlights** from breakout room discussions.



We Value Your Feedback!



Connect With Us



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