

Vaping ECHO for Education

9-11 a.m., Wednesday, Aug. 28, 2024



Vaping ECHO Series

School Year Roadmap

PRE-SESSION (August 28)

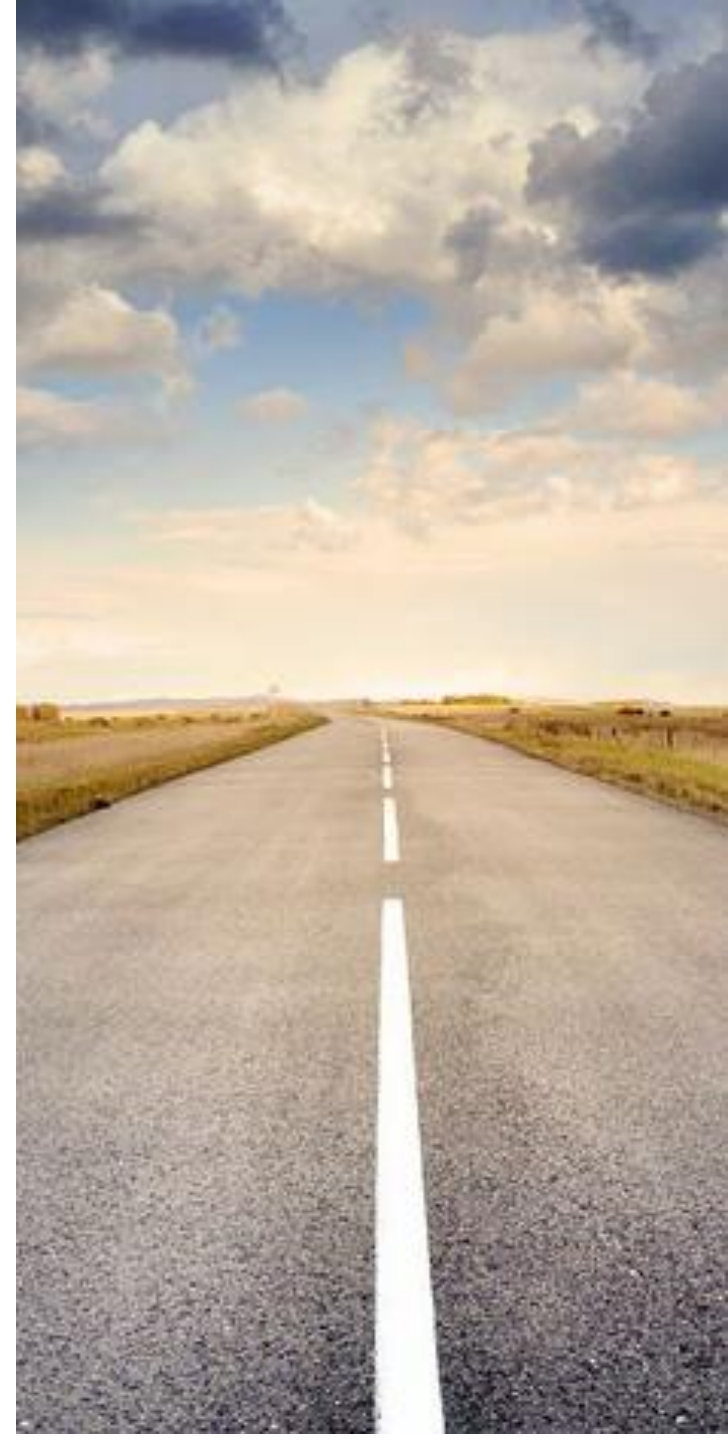
- Vaping ECHO For Education Summit

ON-DEMAND ECHO LEARNING SESSIONS (September)

- Session 1 | Introduction to Addiction and Cessation
- Session 2 | Discussing Cessation: Putting Cessation into Practice
- Session 3 | Policy, Best Practices, and Legal Challenges
- Session 4 | Student-Centered Approach
- Session 5 | Developing Community Partnerships

LIVE ECHO SESSIONS & ACTION PLANNING (October-April)

- ECHO 1 | **Practice-Focused (Oct. 9)**
- ECHO 2 | **Policy-Focused (Nov. 6)**
- *Break to develop action plans and begin implementation period*
- ECHO 3 | **School Action Plan (Feb. 5)**
- *Break to begin or continue implementation period*
- ECHO 4 | **School's Sharing Progress (April 2)**



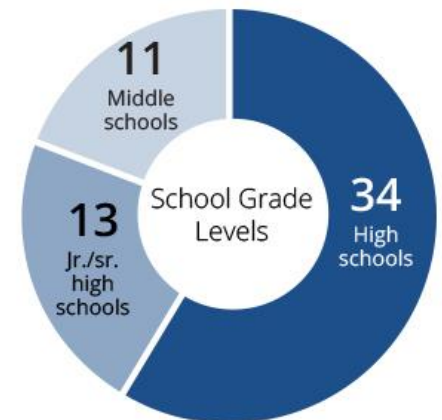
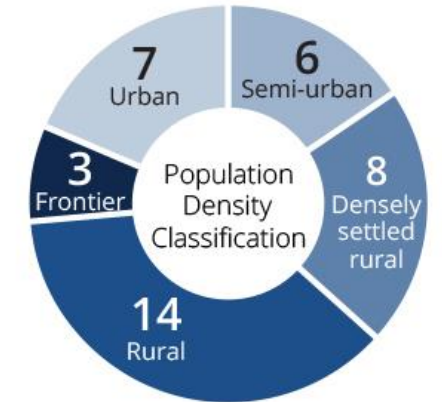
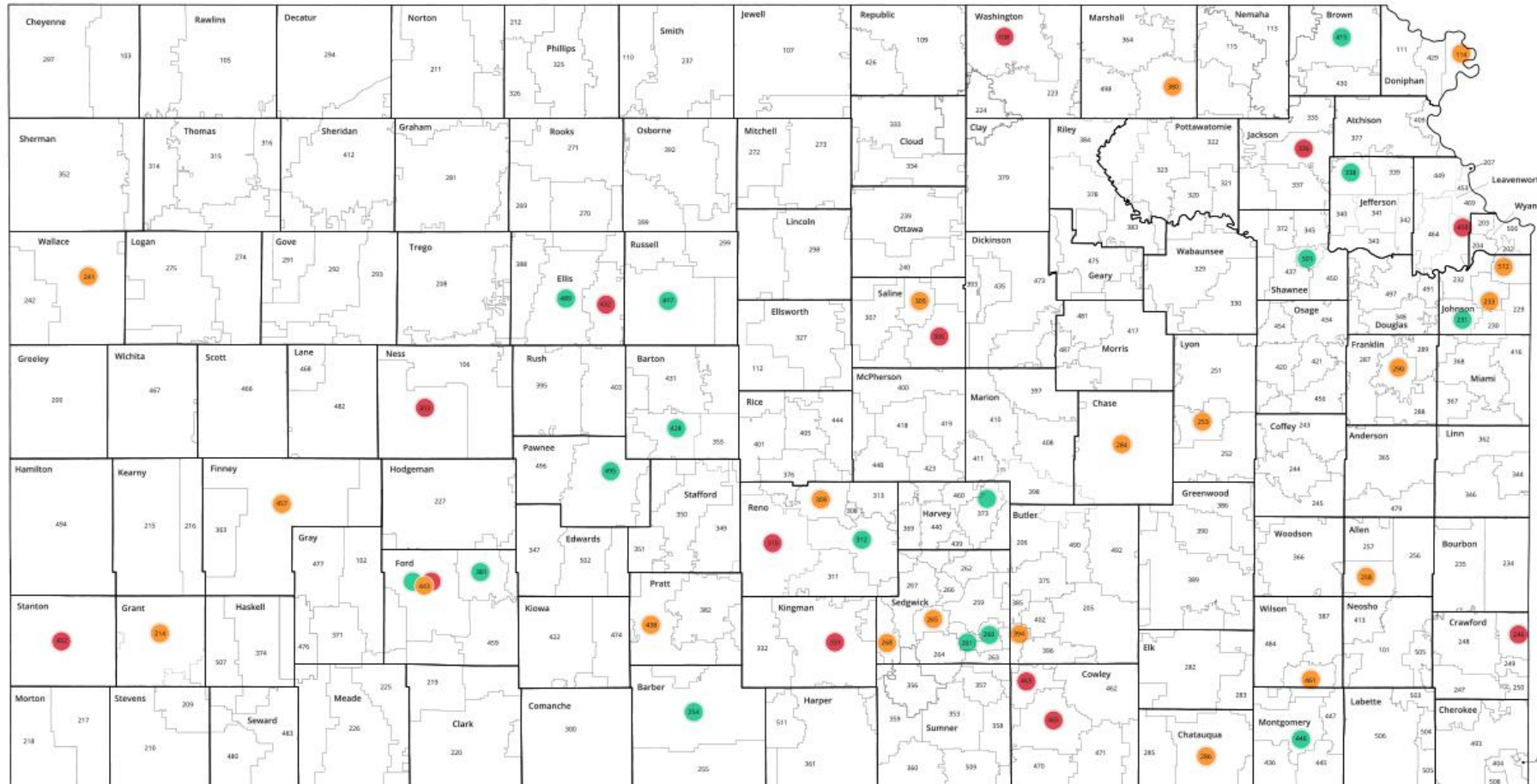
Vaping ECHO for Education



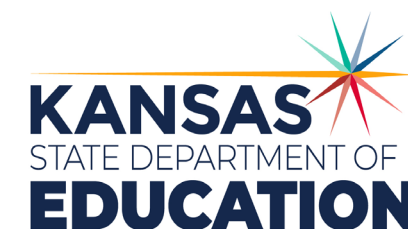
● Cohort 1 (2021-2022): 20

● Cohort 2 (2022-2023): 13

● Cohort 3 (2023-2024): 24



Project Partners





Summit Learning Objectives

- **Recognize** the importance of addressing e-cigarette use, vaping, and/or tobacco use in schools.
- **Explain** examples of challenges implementing a nicotine/tobacco policy or practice change.
- **Illustrate** examples of successes implementing a nicotine/tobacco policy or practice change.
- **Describe** best practices for implementing policy or practice change.

Today's Keynote



**Brenna VanFrank,
MD, MSPH**

Senior Medical Officer
Office on Smoking and Health
Centers for Disease Control
and Prevention

Today's Panelists



Austin Bohanon
Andover High School



Vince Naccarato
*Reno Valley
Middle School*



Dr. Amanda Olinger
*University of Kansas
Health System*



Officer Tony Woollen
*Shawnee Mission
School District*

Presentation



Shifting Mindset: Collaborative and Action-oriented Approaches to Address Tobacco in Schools

Dr. Eleanor Leavens, PH.D.

*Assistant Professor, University of Kansas
School of Medicine Department of Population
Health*

Shift in mindset

- Youth and young adults are specifically targeted by the tobacco industry
 - Lorillard Tobacco: *The base of our business is the high school student.*
- E-cigarettes contain high levels of addictive nicotine, making it very hard to quit
 - Nicotine quickly causes physical and behavioral dependence
 - Discipline ≠ quitting
- The role of the school professional ➡ Align with the student to combat the addiction

Shift in mindset: New goals

- Align with the student to combat their dependence on nicotine
- Shift the school culture to allow students to seek support from trusted adults



Avoiding punitive discipline and **FOCUSING
ON MORE SUPPORTIVE APPROACHES WILL
HAVE THE TRIPLE BENEFIT** of supporting
student academic achievement, improving
health and decreasing inequities.

Focus areas of the Vaping ECHO for Education

- Prevention and cessation support
- Clear and evidence-based disciplinary policies
 - Including alternative to suspension
- Policy crafting and implementation
- Promotion of student leadership in tobacco/nicotine prevention and cessation
- Community partnerships to support these efforts

Change the Culture



What do Resist Chapters Do?

- EDUCATE ABOUT THE DANGERS OF TOBACCO USE & SECONDHAND SMOKE EXPOSURE
- RAISE AWARENESS ABOUT THE IMPORTANCE OF TOBACCO FREE ENVIRONMENTS
- BUILD COMMUNITY AWARENESS ABOUT TOBACCO CONTROL EFFORTS



Vaping ECHO for Education



Cohort IV Introduction

Dr. Sanjeev Arora, Founder of Project ECHO



Project ECHO for Education

Project ECHO® is a lifelong learning and guided practice model used in education to increase workforce capacity, to provide best practice training, and reduce educational disparities through its hub-and-spoke knowledge sharing networks



Credit: [Project ECHO](#)

ECHO: Extension for Community Healthcare Outcomes



Technology



Community of
practice



Case-based
learning



Surveys



Vaping ECHO for Education Learning Objectives

- To develop a network of stakeholders to help design, tailor, implement and evaluate strategies and interventions to reduce nicotine/tobacco use in schools.
- To build capacity to increase the confidence of schools and school personnel to address nicotine/tobacco cessation.
- To develop skills of school health professionals to provide support and referrals for nicotine/tobacco cessation.
- To evaluate the quality, effectiveness and impact of the program on schools.

Expectations

- Individual team members will participate in the entire ECHO series.
- School teams will utilize the toolkit provided to assist in their efforts to impact change.
- Teams will work to share the responsibility and activities associated with impacting change.
- The Vaping ECHO Hub team will be responsive to the needs and feedback of the school teams.

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On Demand Sessions & Toolkit (September)

What	<p>Each session will include a 20-30 minute presentation from a subject matter expert and a digital toolkit that provides resources that correspond to the session.</p>	
Where	<p>Each session and toolkit will be available on the <i>eeds</i> platform.</p>	
When	<p>The five on demand sessions are meant to be completed throughout the month of September. We will apply the knowledge gained during the live ECHO sessions, starting in October.</p>	
How	<p>Cohort IV participants will be provided with links to access sessions.</p>	

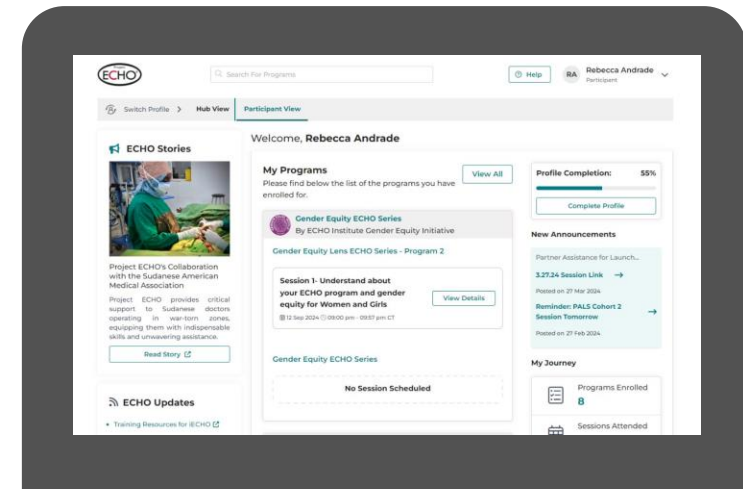
Case Studies

- What is the **purpose** of using case studies?
- What **types** of cases will school teams discuss?
- How do school teams **submit** cases?

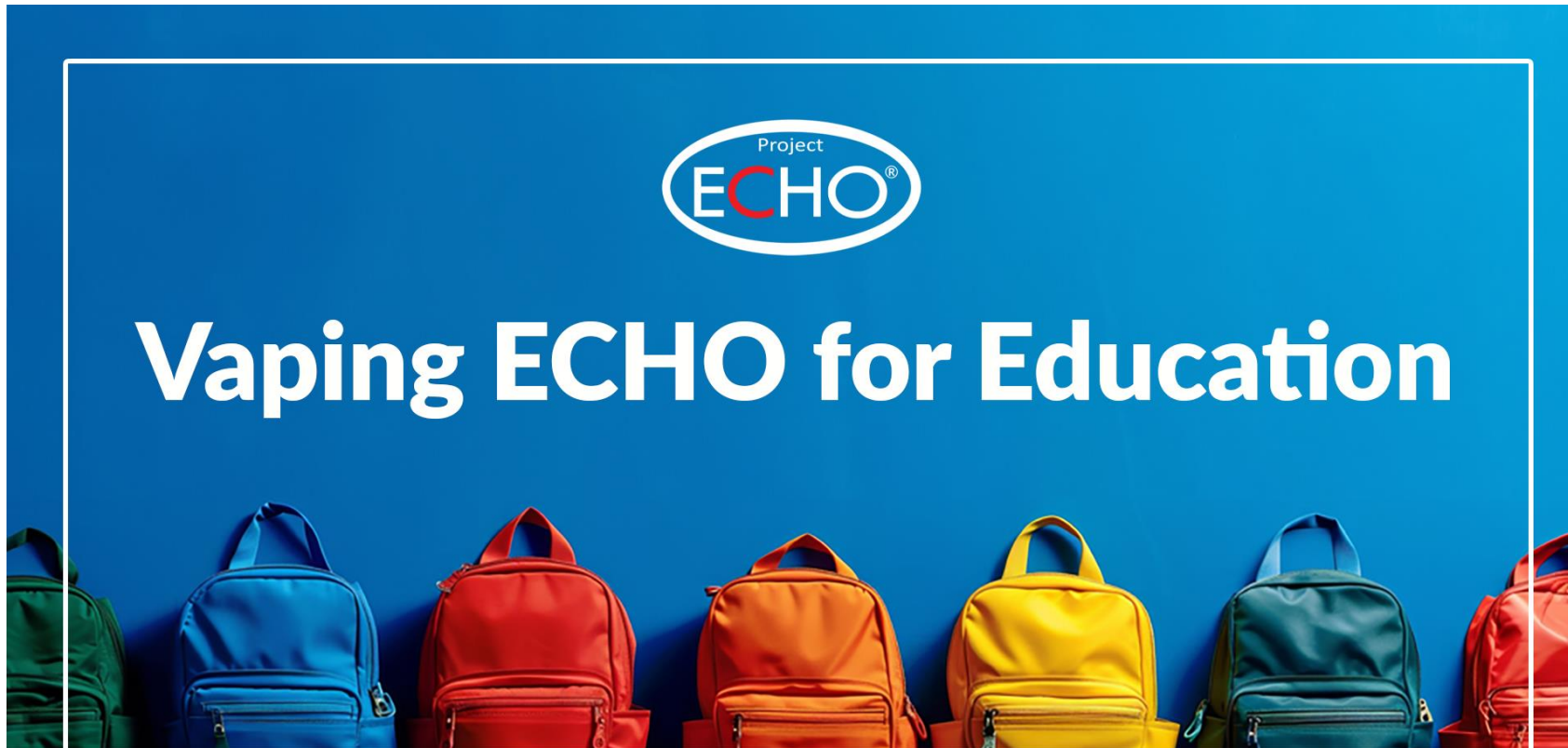


iECHO: What is it and what does it offer?

- **View** live session schedule and details
- **Join** live sessions
- **Access** resources and support
- **Engage** in discussion boards with fellow Cohort members



Thank you for joining us!



Welcome to Cohort IV!



- Registration is required for **all** school team members
- Once you have registered, you will receive:
 - An invitation to join the iECHO group
 - Access links for the on-demand learning sessions for September
 - Instructions for case submissions



Questions? Email us at adastraecho@khi.org