

Person-Centered Care and Aging in Place in Rural Kansas

AGENDA

November 2, 2023

- 10:00 a.m.** **Welcome & Introduction**
Kari M. Bruffett, President and CEO, Kansas Health Institute
- 10:15 a.m.** **Panel Discussion: *Leaders in Serving Older Kansans with Q&A***
Moderator: **Emma Uridge**, Research Assistant, Kansas Health Institute
Monte Coffman, Executive Director, Windsor Holdings, Inc., Coffeyville, Kansas
Michele Heydon, M.A., Acting Long Term Services and Supports Commissioner, Kansas Department for Aging and Disability Services
Chrisy Khatib, L.B.S.W., L.A.C., Deputy Director of Adult Protective Services, Kansas Department for Children and Families
Jessie Piper, Ph.D., Co-Bureau Director of Family Health, Kansas Department of Health and Environment
Emilie Rains, Executive Director of Bluestem PACE, Bluestem Communities in McPherson, Kansas
- 11:25 a.m.** **Panel Discussion: *Leaders in Aging Policy and Programs with Q&A***
Moderator: **Emma Uridge**, Research Assistant, Kansas Health Institute
Scott Brunner, Deputy Secretary of Hospitals and Facilities, Kansas Department for Aging and Disability Services
Jan Kimbrell, Kansas Silver Haired Legislature
Senator Kristen O'Shea, Kansas State Senate
Secretary Janet Stanek, Kansas Department of Health and Environment
- 12:00 p.m.** **Adjourn**



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ABOUT THE SPEAKERS

PANEL DISCUSSION: *LEADERS IN SERVING OLDER KANSANS*

Listed in alphabetical order by last name



Monte Coffman was hired by Top Management Services as Director of Operations with operational responsibilities for long-term care facilities in 1978. Coffman remained employed with Top Management Services until 1992. In 1978, he transferred from Baker University to Washburn University where he graduated in 1982 with a bachelor's degree in management.

On April 1, 1992, he became Executive Director of Health Management of Kansas, Inc (HMK). He served as the licensed administrator of a 147-bed skilled nursing facility and oversaw all other HMK operations, community outreaches and campus programs, including Meals on Wheels, non-emergency transportation, two assisted living facilities and a second skilled nursing facility. During that time, he developed new programs and services, such as home care, telehealth and the organization's Age-to-Age Kindergarten Classroom. The two HMK skilled nursing facilities and two

assisted living facilities were sold on May 1, 2022.

Today, he serves as Executive Director of Windsor Holdings, Inc, which operates Windsor Place At-Home Care, serving 2,000 people utilizing Home and Community Based Services (HCBS) in their homes, and Windsor Place Telehealth, which serves more than 800 Kansans with chronic disease conditions in their homes.

Coffman's community work involves local public education and two hospital boards. He is active in a local church. Monte and his wife, Amber, live in Coffeyville, Kansas.



Michele Heydon, M.A., was appointed Acting Long Term Services and Supports (LTSS) Commissioner with the Kansas Department for Aging and Disability Services (KDADS) effective Feb. 10, 2023. Heydon began her career at KDADS in 2017 as the Brain Injury and Technology Assisted Waiver Program Manager and moved into her most recent role of Home and Community Based Services (HCBS) Director in November 2018. She will fill the role of outgoing Interim Commissioner Mandy Flower.

Heydon has an extensive 30-year background in HCBS serving persons with disabilities. From 2013 to 2016, she was Manager of Case Management and served as the intellectual/developmental disability health plan expert for Sunflower Health Plan. In that role, she promoted compliance with federal, state and contractual agreements, managed and provided training to regional staff, provided

ongoing communication with contracted providers and managed waiver and medical services for members in the region. For 11 years prior to her work at Sunflower, Heydon served as Director of Targeted Case Management at Sunflower Supports, a Topeka company that provides day services and residential support to adults with intellectual/developmental disabilities.

Heydon is a native of Topeka. She holds a bachelor's degree from the University of Kansas and an master's degree from Northern Arizona University.



Chrisy Khatib, L.B.S.W., L.A.C., is the Deputy Director for Adult Protective Services (APS) for the Kansas Department for Children and Families (DCF). She leads the statewide DCF Adult Protective Services team, comprised of 96 staff investigating allegations of abuse, neglect and financial exploitation of at-risk adults. The role of APS is to advocate for at-risk adults and support them in the least restrictive setting. She led the revision of the 2021 APS statutes and testified on behalf of HB 2151, creating Kansas elder and dependent adult abuse multidisciplinary teams and a coordinator. Her 2023 projects include supporting the statewide adoption of Interview for Decisional Abilities from Weill Cornell Medical and APS adopting evidence-based strategies that promote the safety and well-being of adults.

Khatib has been a licensed Social Worker and Addiction Counselor for 25 years.



Jessie Piper, Ph.D., is the Co-Bureau Director of Family Health at the Kansas Department of Health and Environment. She oversees programs like Maternal and Child Health, Newborn Screening, Home Visiting, and Infant-Toddler Services. Prior to this, Piper worked at Kansas State University as an Assistant Professor in Gerontology, teaching classes such as Aging Policy, Intergenerational Relationships, Physical Health and Aging, and Diversity and Aging. Her doctorate is in applied family science and her research focuses on grand families or grandparents raising grandchildren, and resources that help alleviate the stress, trauma and loss these families might experience. As Co-Bureau Director of Family Health, Piper's goal is to incorporate a lifespan, person-centered, strengths-based approach to supporting and improving the health of children and families in Kansas.



Emilie Rains is Executive Director of Bluestem PACE, a Program of All-Inclusive Care for the Elderly, serving several rural counties in central Kansas. She has been with Bluestem PACE since the program's opening in 2016. Rains and the Bluestem PACE team have experienced and worked to overcome many of the challenges associated with helping older adults live well at home in rural Kansas. Bluestem PACE is a program of Bluestem Communities whose mission is to have a positive impact on quality of life by promoting lifelong wellness, purpose, choice, genuine connection and personalized care with Christian compassion.

PANEL DISCUSSION: *LEADERS IN AGING POLICY AND PROGRAMS*

Listed in alphabetical order by last name



Scott Brunner is the Deputy Secretary of Hospitals and Facilities with the Kansas Department for Aging and Disability Services (KDADS). He provides executive oversight of the four state hospitals and the KDADS staff conducting surveys and certification reviews for long-term care facilities and health occupations. Before starting at KDADS in January 2020, Brunner was the Vice President for Stakeholder Relations for Aetna Better Health of Kansas, one of the Medicaid health plans operating in the KanCare program. Before working for Aetna, Brunner worked in a variety of roles in the Kansas Medicaid Program, including State Medicaid Director, Chief Financial Officer and Director of Informatics from 2004 through 2011. After leaving state service, Brunner was the Coverage and Access Team Leader for the Kansas Health Institute during implementation of the Affordable Care Act and Kansas' movement to full Medicaid managed care.



Jan Kimbrell is the Kansas Silver Haired Legislature representative for Morris County, Kansas. Kansas-born and raised, Kimbrell is a former pastoral care associate, allied health professional, direct-care assistant, and volunteer community activist. She is retired from active employment but is still actively involved in the state and community.



Senator Kristen O'Shea has served Senate District 18 in the Topeka and surrounding communities since 2021. She serves on the Senate Public Health and Welfare, Commerce, and Education committees, and several special committees, including the Russ Jennings Joint Committee on Juvenile Justice, the Committee on Child Welfare System Oversight, the Senior Care Task Force, and the Special Committee on 340B.

Senator O'Shea runs a business dedicated to personal and professional growth and organizational development. Before that she worked with the local Greater Topeka Chamber of Commerce and Leading Age Kansas. She has a master's degree in education and is a graduate from Kansas State University. She has a degree in gerontology.

She and her husband, Gabe, live in Topeka with their son.



Janet Stanek is the Secretary for the Kansas Department of Health and Environment (KDHE). She joined the state in 2020 as the Director of the State Employee Health Benefits Plan and was appointed by the Governor to her current position as the Secretary of KDHE in December 2022. Secretary Stanek's career spans more than 35 years in various health care leadership positions, including 21 years of her career at Stormont Vail Health in Topeka, where she last served as chief operating officer and senior vice president. Prior to moving to Kansas, she served in various management and administrative positions in acute care hospitals in Pennsylvania and western New York state.

Secretary Stanek holds a graduate certificate in population health from Thomas Jefferson University, a master's degree from Alfred University in New York and a bachelor's degree in health information management from the State University of New York Polytechnic Institute in Utica, New York. She is also a fellow of the American College of Healthcare Executives and the Healthcare Information and Management Systems Society and is a Registered Health Information Administrator.



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