

# Data Walk: Cowley County MENTAL HEALTH

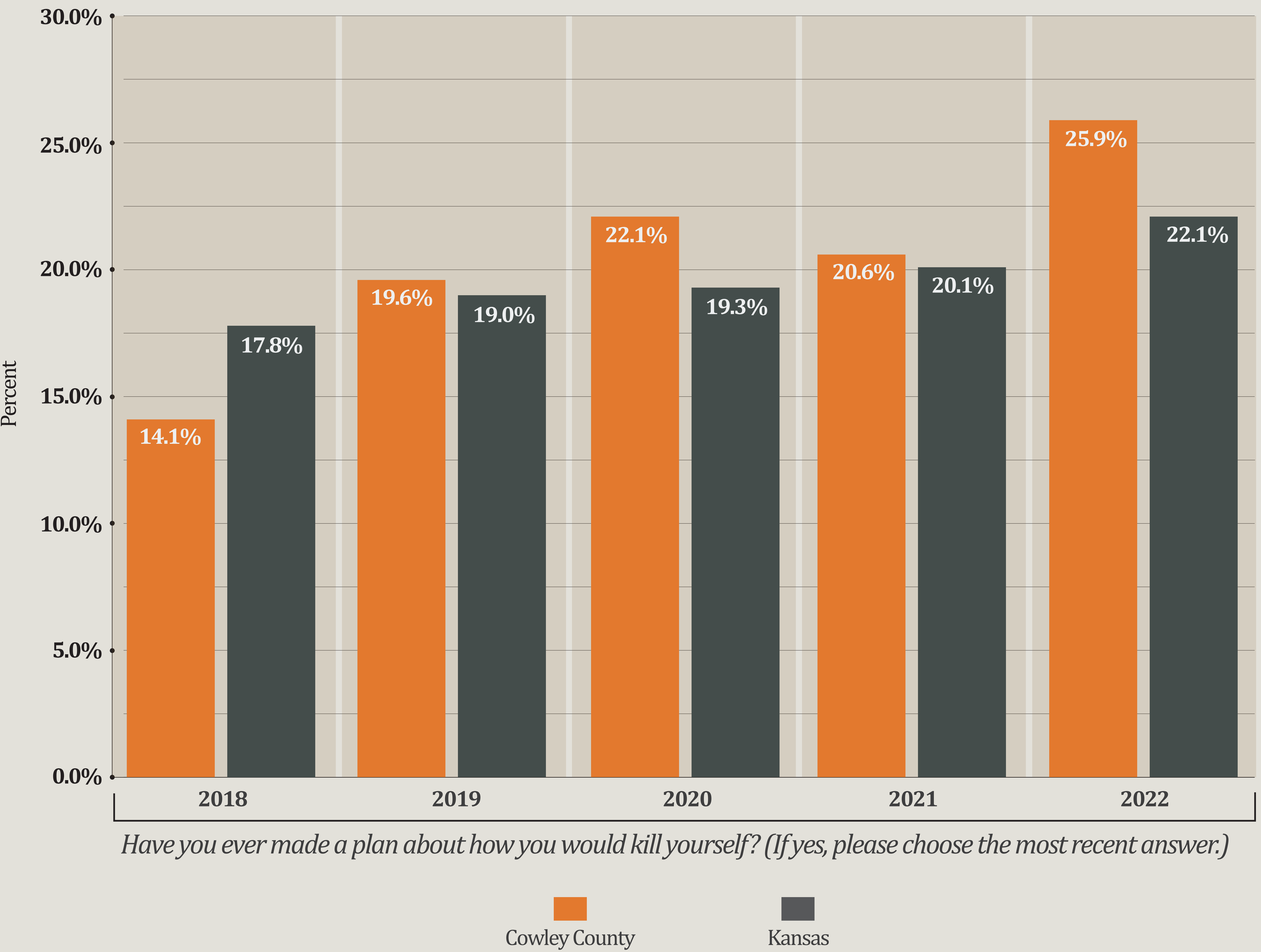
## What This Measures:

Percent of Cowley County and Kansas students who ever made a plan about how they would kill themselves.

# SUICIDE

1 in 4 Cowley County students has made a suicide plan.

Percent of Students in 6th, 8th, 10th and 12th Grades Who Have Ever Made a Plan About How They Would Kill Themselves in Cowley County and Kansas, 2018-2022



Note: The number of survey respondents fluctuates year to year and it ranged from 42,037 to 59,222 students for Kansas and from 541 to 1,071 students for Cowley County for 2018 to 2022 data years.  
Source: Kansas Communities That Care Student Survey, 2018-2022.

Many factors can increase the **risk for suicide** or protect against it. For example, people who have experienced **violence, including child abuse, bullying, or sexual violence** have a **higher suicide risk**. Being connected to family and community support and having easy access to healthcare can decrease suicidal thoughts and behaviors.

(Source: Centers for Disease Control and Prevention)



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