

Data Walk: Cowley County MENTAL HEALTH

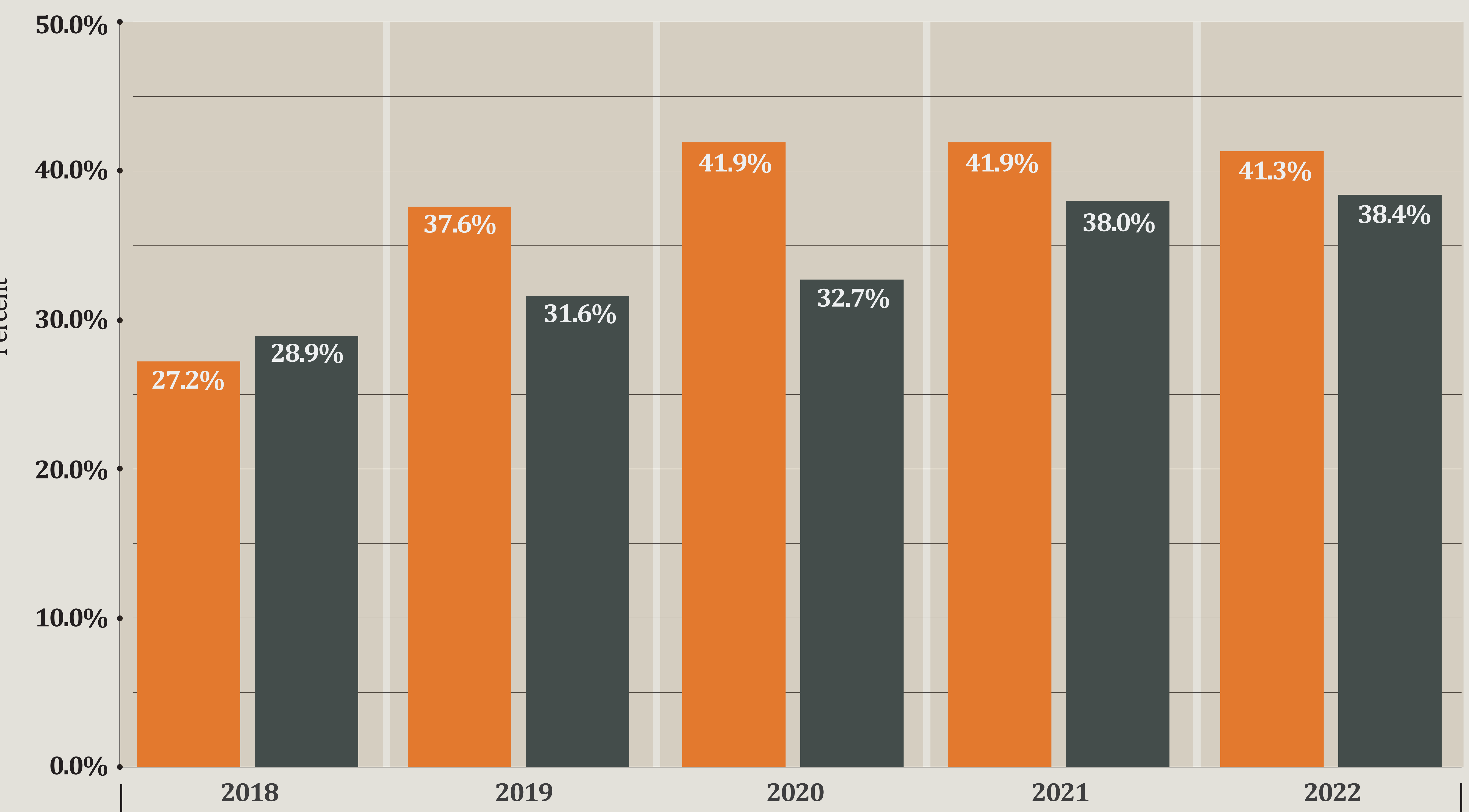
What This Measures:

Percent of Cowley County and Kansas students in 6th, 8th, 10th and 12th grades that felt so sad or hopeless almost every day for two weeks or more in a row that he or she stopped doing some usual activities during the past 12 months.



DEPRESSION

4 in 10 Cowley County students show signs of depression.

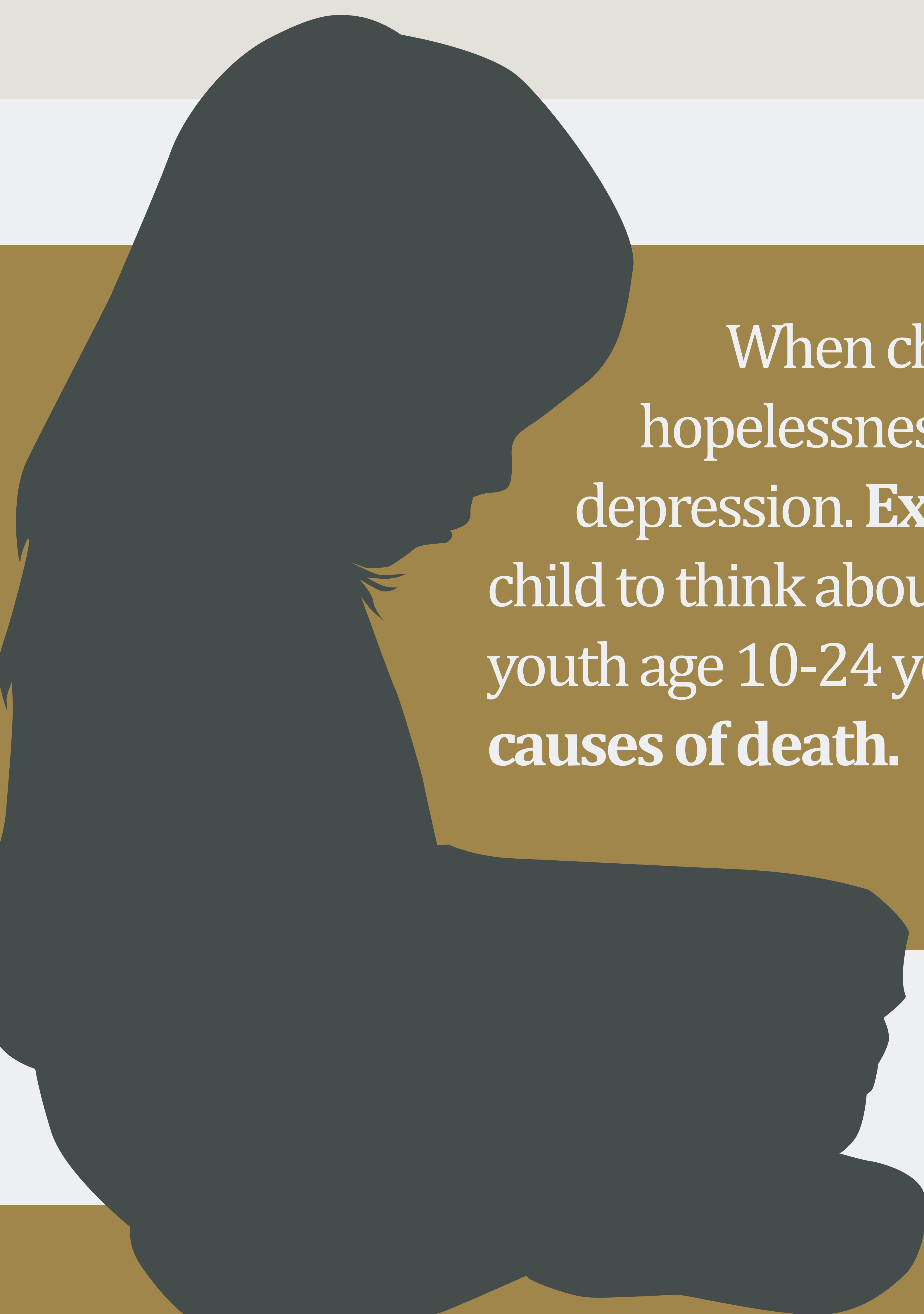
Percent of Students in 6th, 8th, 10th and 12th Grades Reporting Depression During the Past 12 Months in Cowley County and Kansas, 2018-2022



During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

 Cowley County  Kansas

Note: The number of survey respondents fluctuates year to year and it ranged from 42,826 to 59,151 students for Kansas and from 537 to 1,074 students for Cowley County for 2018 to 2022 data years.
Source: Kansas Communities That Care Student Survey, 2018-2022.



When children feel persistent sadness and hopelessness, they may be diagnosed with depression. **Extreme depression** can lead a child to think about **suicide** or plan for suicide. For youth age 10-24 years, suicide is among the **leading causes of death**.

(Source: Centers for Disease and Prevention)



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