

# Data Walk: Cowley County HUNGER

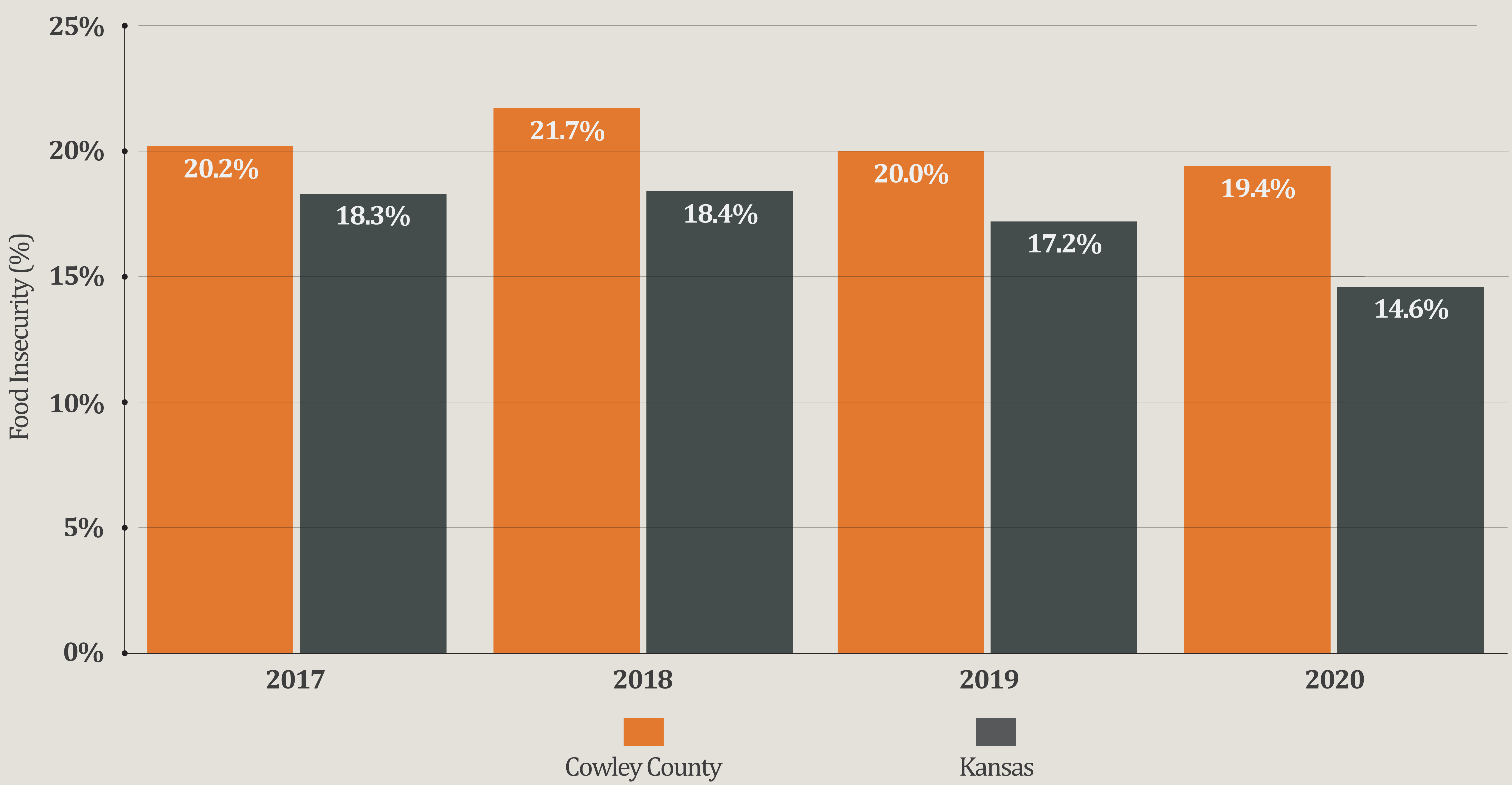
## What This Measures:

The percent of child population that experience food insecurity.

# CHILDHOOD FOOD INSECURITY

1 in 5 children in Cowley County is food insecure.

Food Insecurity Rate Among Children Age 0-17 in Cowley County and Kansas, 2020



Note: The U.S. Department of Agriculture (USDA) defines food insecurity as limited or uncertain availability of nutritionally adequate foods or uncertain ability to acquire these foods in socially acceptable ways. Child food insecurity is measured as a percent of child population. It also defines very low food insecurity as reports of multiple indications of disrupted eating patterns and reduced food intake.

Source: Feeding America, 2020

Children who are food insecure are more likely to be hospitalized and may be at higher risk for developing chronic diseases such as obesity as a result in lower quality diet, anemia and asthma. Food-insecure children may also be at higher risk for behavioral and social issues including fighting, hyperactivity, anxiety and bullying.

(Source: Kansas Health Matters, Healthy People 2030)

The *Healthy People 2030* national health target is to eliminate very low food security in children.



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