

# Senior Care Task Force: WGB – Access to Services Recommendation Development: Senior Daycare Resources

March 25, 2022  
9:00am-10:30am  
WebEx

<b>Facilitator:</b>	Hina Shah - KHI	<b>Note taker:</b>	KHI
<b>Attendees:</b>	<p><b>Working Group Members:</b> Sarah Schlitter, JCDS; Senator Kristen O’Shea; Annette Graham, Central Plains Area Agency on Aging; Dan Goodman, KDADS; Tanya Dorf Brunner, Oral Health Kansas; Shawn Sullivan, Midland Care Connection; Staci Carson, JCDS; Heather Brown, JCDS; Kendra Baldrige, KDHE</p> <p><b>Other Attendees:</b> Sean Marshall, KLRD</p> <p><b>Subject Matter Experts:</b> Melody Dowling, United Healthcare; Jennifer Prunte, Aetna; Nan Perrin, Sunflower Health Plan; Ernest Kutzley, AARP; Tanya Dorf Brunner, Oral Health Kansas, Eileen Doran, TARC</p> <p><b>KHI Staff:</b> Hina Shah, Emma Uridge</p>		
<b>Reviewed Documents</b>	<ul style="list-style-type: none"> <li>• Agenda</li> <li>• AARP Supplemental Documents</li> <li>• Julie Govert Walter, Area Agency on Aging (AAA); Michelle Morgan, Northwest Kansas Area Agency on Aging (NWKAAA) Recommendation Requests</li> <li>• SWOT Matrix (Strengths, Weaknesses, Opportunities, Threats) via Google Jamboard</li> </ul>		
<b>Agenda:</b>	<p><b>9:00am</b> – Welcome and Introductions</p> <p><b>9:10am</b> – Subject Matter Experts</p> <p style="padding-left: 40px;"><i>Melody Dowling, United Healthcare</i></p> <p style="padding-left: 40px;"><i>Jennifer Prunte, Aetna</i></p> <p style="padding-left: 40px;"><i>Nan Perrin, Sunflower Health Plan</i></p> <p style="padding-left: 40px;"><i>Tanya Dorf-Brunner, Oral Health Kansas</i></p> <p style="padding-left: 40px;"><i>Ernest Kutzley, AARP</i></p> <p><b>10:15am</b> – Recommendation Development via Google Jamboard</p> <p style="padding-left: 40px;"><i>Topic: Adult Daycare Services</i></p> <p><b>10:25am</b> – Administrative Updates</p> <p><b>10:30am</b> – Adjourn</p>		

## Minutes

**Agenda item:** Introductions / Opening Remarks / Review Agenda / Review Previous Data & Information Requests

**Discussion:**

Hina Shah provided a review of the agenda

- Ground Rules Reviewed
  - Come ready to discuss and compromise.
  - Keep remarks succinct and on topic.
  - Don’t hesitate to ask clarifying questions.
  - Start and end on time.

Vision Statement:

- “Establish and expand a clear path with public policy recommendations for Kansas older adults and caregivers to access services.”

Group introductions and prompt:

- “What would you like the working group to keep top of mind as you develop recommendations today around your topic of senior daycare resources?”
  - Sarah Schlitter: Keep in mind accessibility to senior daycare resources in rural and urban areas.
  - Sen. Kristen O’Shea: Curious from policy standpoint that will make these opportunities more available.
  - Annette Graham: Accessibility for services for those 60+ across the state, and there is scarcity in urban areas as well.
  - Dan Goodman: Echo what Annette said.
  - Heather Brown: How can we raise awareness about the availability of Senior Daycare Centers and to convey the difference between day services and daycare centers.
  - Staci Carson: We should use resources that already exist and expand on those.
  - Tonya Dorf Brunner: Think about everything that goes into making someone healthy and happy. Look at a whole-person care.
  - Shawn Sullivan: Continue the need to be innovative and how we approach a higher-level access to services by creating new models that support existing services.

Update from Julie Govert Walter, Area Agency on Aging and Michelle Morgan, Northwest Kansas Area Agency on Aging

- Currently researching social models of adult day services and what other states have implemented
- Proposed recommendations to the working group:

1. Revitalize KDADS State Advisory Council on Aging that is a required entity under the Federal Older Americans Act with the goal of creating a robust group comprised of practitioners, planners and advocates oriented to addressing issues focused on community-based services to meet the needs of older Kansans and caregivers in all parts of the state.
2. Urge the KDADS State Advisory Council to review, research and endorse initiatives related to Adult Day Services that meet the social needs of Kansans and caregivers with particular emphasis on needs in rural Kansas.
3. Ensure adequate resources at state level to maintain and enhance robust community-based service networks established by Area Agencies on Aging.
4. Create/Identify special and specific state funding for: <ul style="list-style-type: none"> <li>○ Identification and addressing barriers and to enhance qualifications and availability of staff at senior centers who take on additional responsibilities for Adult Day Services models.</li> <li>○ Area Agencies on Aging to pilot Adult Day Service models in rural Kansas communities in Senior Centers/Community Center locations to meet the social needs of vulnerable older Kansans and their caregivers.</li> <li>○ Area Agencies on Aging for research, planning, coordination with potential partner groups, implementation of adult day service models.</li> <li>○ Evaluation of these Adult Day Service models so that best practices for replication in other areas to meet needs can be accomplished.</li> </ul>

- Overview of Managed Care Organizations (MCOs) Discussion
  - United Healthcare, Aetna, and Sunflower Health Plan representatives gave a brief synopsis from material reviewed at last meeting and stood for questions from working group members. All MCOs indicated low utilization of adult day care services, with many day care services closing since COVID-19 pandemic began. Initiatives to engage providers to provide the adult daycare services is ongoing, but difficult as there are limited providers and a direct care workforce shortage. Working group members requested an updated map of existing services.

**Agenda item:** Subject Matter Expert Presentations

**Discussion:**

**Tanya Dorf Brunner, Oral Health Kansas**

- Overview of Presentation
  - Presentation addressed what is considered when discussing access to oral health services, such as access to a dental provider, having the knowledge to take care of your oral health, and access to a dental coverage. Presenter indicated populations that suffer more from disparities, such as people living in poverty, people of color, people with disabilities, and people living in rural areas.
  - Ongoing needs Oral Health Kansas is working to address is advocacy for adding dental benefits under Medicare, include dental care and daily toothbrushing in Home and Community Based Services and institutional plans of care, and focus on access to dental care in the KanCare re-procurement process—rather than include it as an add-on extra to the member.
- Overview of Discussion
  - Presenter indicated that dental insurance coverage is not accessible to everyone and is an extra add on coverage in both public and private plans, which increases costs and decreases access. Medicare does not include dental care, and Medicare supplemental plans are not affordable for many older adults. Older adults are living longer than ever, many with chronic diseases and complex health conditions that would be best managed by medical and dental professional collaboration.
  - Working group member asked for a legislative update on Senate Bill 129 related to mid-level dental practitioners serving those in underserved populations or those on Medicaid. Presenter noted legislative work on such bills has lost steam, citing a disruption in floor meetings causing the bill to be stalled.
  - Senate Bill 129 Information: [http://www.kslegislature.org/li/b2021\\_22/measures/documents/sb129\\_00\\_0000.pdf](http://www.kslegislature.org/li/b2021_22/measures/documents/sb129_00_0000.pdf)

**Ernest Kutzley, AARP**

- Presented on the 2020 AARP Long-term Services and Supports State Score Card, and Kansas Opportunities for Improvement
- Full report: [LTSS 2020 Reference Edition PDF 923.pdf \(longterm scorecard.org\)](https://www.aarp.org/policy/2020/07/20/ltss-2020-reference-edition-pdf-923.pdf)
- Overview of Discussion
  - Presenter gave an overview of the purpose of the scorecard, which evaluates Kansas's performance on multiple long-term care service and support indicators and dimensions, provides state comparisons, and aims to improve the lives of older adults and their families. The scorecard does not look at how well facilities managed COVID-19. Overall, Kansas ranks 37<sup>th</sup> in the country for affordability and access, choice of setting and provider, quality of life and care, support for family caregivers, and effective transitions.
  - Working group member inquired about if the AARP score card mostly refers to Home and Community Based Services (HCBS) for the Frail Elderly Waiver or does it encompass all HCBS services for all waivers? Presenter indicated it is for all HCBS services and waivers but will check to confirm.

**Agenda item:** Recommendation Development via Google Jamboard

Preliminary Recommendation List – Adult Daycare Services

No.	Potential Recommendation
1	Develop social models of day services that focus on the specialized needs of older adults. Working with existing providers such as PACE Senior Centers.
2	Encourage PACE programs and KanCare MCOs to work together to use PACE Day centers as resources in the 7 markets where there are PACE Day centers.
3	Provide funding for pilot projects in the rural areas.
4	Increase funding/reimbursement rates to Day Care and Day Service providers to allow more staffing and more opportunities to serve people from their homes during the day vs. going to a facility
5	Change in Policy and funding to allow shared resources- if 2 different providers are collaborating to provide services to someone, both providers should be compensated.
6	Discontinue Adult Day Care services, since there are so few, and re-organize that funding and pour it into existing services that are working well, such as Sr. Centers
7	Connect with community partners who also provide day services such as childcare.
8	There is such an emphasis on childcare issues and needs. Why can't children and seniors partner more?
9	Involve non-traditional stakeholders, such as childcare services, community members, and business leaders to develop pilot programs.
10	Using technology for service delivery gaps and promoting independence, when appropriate.
11	Allow IDD Day Service Providers who have an older adult program to also serve older adults from the general population- either through PACE or other means (policy). This could increase accessibility for general population
12	Utilize existing community resources to develop social models of day services for older adults. Provide training for staff.
13	Focus on the social models rather than a medical model which increases the availability, reduces costs, and meets the needs of older adults and caregivers seeking services.
14	Senior Centers are an existing entity in most communities in Kansas that older adults are familiar with, use the existing infrastructure to build on for social models of adult day programs.
15	Expand and share services (transportation, programs, etc.) to increase accessibility and decrease costs.
16	Incentivize or encourage collaboration between programs or services to increase accessibility and choice.
17	Encourage flexibility in service delivery programs.
18	Utilize volunteers for certain services, when appropriate.
19	Getting younger individuals like high school and college-age into this field for jobs and volunteering
20	Get 4H or boy scouts involved for this to be part of programming.
21	Partner with RSVP and Senior Companion programs (through AmeriCorps) to utilize the volunteers in adult day service programs
22	Coordinate with rural transportation providers to ensure transportation services are available and accesses
23	Utilizing volunteers and natural supports for transportation challenges. Sharing resources (transportation options) among providers to minimize costs and expand accessibility.
24	With transportation challenges...go to where seniors already travel, places like churches, grocery stores, etc.
25	Provide funding to allow for senior daycare services to be provided in home for those that may not be able to travel safely or may be disoriented by changing locations
26	Allow Adult Day Care Services to help people get to simple appointments like dental cleanings
27	This may not go with day services, but it's worth mentioning that daily oral hygiene care should be a part of each person's plan of care/daily routine.

28	Raised awareness about this kind of service
29	Raise awareness to potential providers, that they could become a licensed adult daycare facility
30	Share and encourage collaboration between agencies and programs.
31	Once services are developed market the programs to caregivers who need respite to enable them to continue in their role as caregiver.
32	Focus conversations about senior daycare services options with family care providers since seniors themselves may not initiate this
33	Revitalize KDADS State Advisory Council on Aging and use the group to brainstorm creative ways to work with community organizations to create new approaches to day service settings and services
34	Partner with Alzheimer's Association and AARP to access resources, training and technical assistance for training and volunteer engagement.
35	Add educational programs to day services using community members to discuss issues like health, oral health, using technology, etc. The community members could provide the education, and the older adults would have the chance to learn new things.
36	Utilize Area Agencies on Aging to assist with staff training and technical support in the development of pilot projects.

**Overview of Discussion:**

- Working group members revisited list of recommendations to identify common themes for grouping and combining recommendations. The first theme to emerge would be evaluating models of care and leveraging existing resources. Working group members discussed how current models of care could be modified or combined to support the implementation of senior day care services. Working group member indicated a legislative focus on the need for more childcare, and how more care will lead to enhanced economic development and improving the workforce shortage. Member inquired about joining in on that messaging for the public and legislators and modifying language for seniors. Working group members considered utilizing and leveraging childcare models of care, senior centers, and IDD programs and services to focus on those with dementia, and to improve service delivery.
- Another theme to emerge was the utilization and recruitment of young volunteers in high school, college, or service-oriented clubs and groups. Members indicated that volunteers could assist with transportation services, which is a barrier for seniors to receive day care services in rural and urban areas and was another prominent recommendation theme.
- Lastly, working group members indicated a need that once these services are developed, or in the process of development, that services will be marketed to caregivers and family members in need of respite, and providers who could become a licensed adult daycare facility.

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**Agenda item:** Administrative Updates and Adjourn

**Discussion:**

**Next Meeting Topic:** Discussion & Recommendation Development: *Funding and Implementation of the Senior Care Act*

**Next Meeting Date:** April 1, 2022

**Information Request for Ernest Kutzley, AARP**

- Does the AARP score card mostly refer to Home and Community Based Services (HCBS) for the Frail Elderly Waiver or does it encompass all HCBS services for all waivers?

**Information request for Melody Dowling, United healthcare**

- Provide Kansas Medical Assistance Program (KMAP) list of current adult daycare services in Kansas.