# Kansas Senior Care Task Force Access to Services Workgroup

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# **Mission**

Reduce the impact of substance use and mental illness on America's communities Behavioral Health is Essential to Health

Prevention Works

**Treatment Is Effective** 

People Recover



### Prevalence of Mental Illness in U.S. Adults, 2008-2019

Figure 51. Any Mental Illness in the Past Year among Adults Aged 18 or Older: 2008-2019

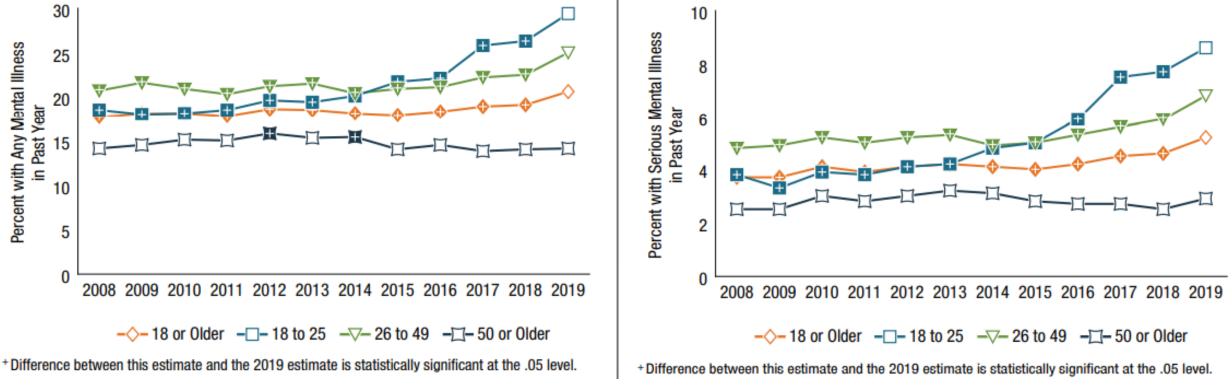


Figure 52. Serious Mental Illness in the Past Year among Adults

Aged 18 or Older: 2008-2019



SOURCE: SAMHSA/CBHSQ, National Survey on Drug Use and Health, 2019

### Impact of COVID-19 on Older Adult Mental Health



### **Suicide Prevention Resource Center**

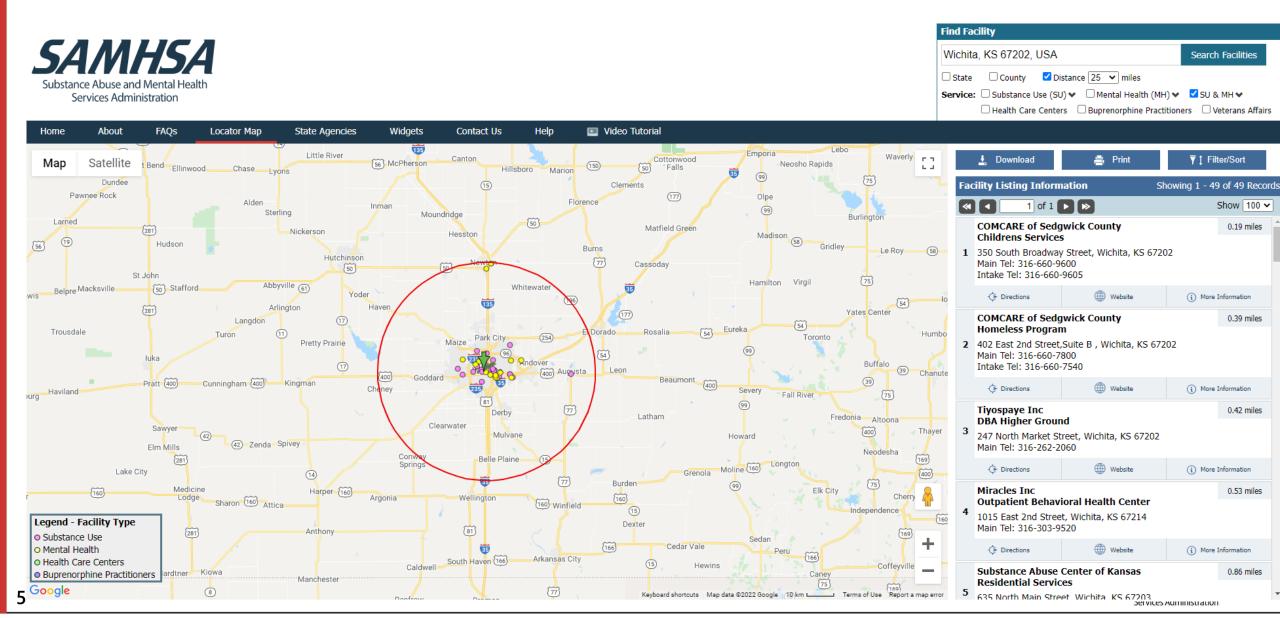
### **Coping and Mental Health during COVID-19**

Coping with the COVID-19 pandemic can be particularly challenging for older adults. For many seniors, the pandemic has significant social, emotional, and behavioral effects. These may be new experiences or a worsening of symptoms that existed before COVID-19.





# findtreatment.samhsa.gov/locator



## **SAMHSA Older Adult-Specific Resources**

Intellectual and







EVERNCE BASCO RESOURCE GUIDE SERIES.

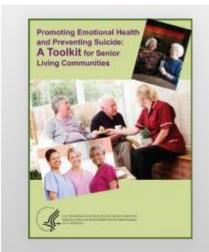
**Psychosocial Interventions** for Older Adults With Serious Mental Illness





PROMOTING EMOTIONAL HEALTH AND PREVENTING SUICIDE A Toolet for Senior Centers









# https://www.samhsa.gov/resources-serving-older-adults

Home » Programs » Resources for Older Adults





#### **Resources for Older Adults**

SAMHSA has a number of products for serving older adults with mental and substance use disorders that can be useful to clinicians, other service providers, older adults, and caregivers.

#### New Items from SAMHSA for Professionals Serving Older Adults

#### Psychosocial Interventions for Older Adults With Serious Mental Illness

The guide provides considerations and strategies for interdisciplinary teams, peer specialists, clinicians, registered nurses, behavioral health organizations, and policy makers in understanding, selecting, and implementing evidence-based interventions that support older adults with serious mental illness.

#### Treatment Improvement Protocol (TIP) 26: Treating Substance Use Disorder in Older Adults

This updated TIP is designed to help providers and others better understand how to identify, manage, and prevent substance misuse in older adults. The TIP describes the unique ways in which the signs and symptoms of substance use disorder (SUD) manifest in older adults; drug and alcohol use disorder screening tools, assessments, and treatments specifically tailored for older dients' needs; the interaction between SUDs and cognitive impairment; and strategies to help providers improve their older clients' social functioning and overall wellness.

#### Engage, Educate, Empower for Equity: E4 Center of Excellence for Behavioral Health Disparities in Aging

The mission of the E4 Center is to engage, empower, and educate health care providers and community-based organizations for equity in behavioral health for older adults and their families. E4 will achieve this through the provision of education, implementation resources, and technical assistance regarding mental health, substance use, and their intersection with physical health.

#### Get Connected: Linking Older Adults with Resources on Medication, Alcohol, and Mental Health--2019 Edition

Designed for organizations that provide services to older adults, this toolkit offers information and materials to help understanding the issues associated with substance misuse and mental illness in older adults. The toolkit also contains materials to educate older adults.

#### Items for Older Adults on Suicide Prevention and Postvention

Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Centers and Toolkit for Senior Living Communities The toolkits equip senior centers (also in Spanish) and senior living staff with resources to promote mental health, suicide prevention, and encourages active participation among residents. It includes guidelines for integrating suicide prevention into ongoing programs, hands-on tools, and training manuals.

- · Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Living Communities
- · Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Centers
- · Cómo Promover la Salud Emocional y Prevenir el Suicidio: Una Guía para Centros de Atención de Adultos Mayores

#### Other SAMHSA Sponsored Products

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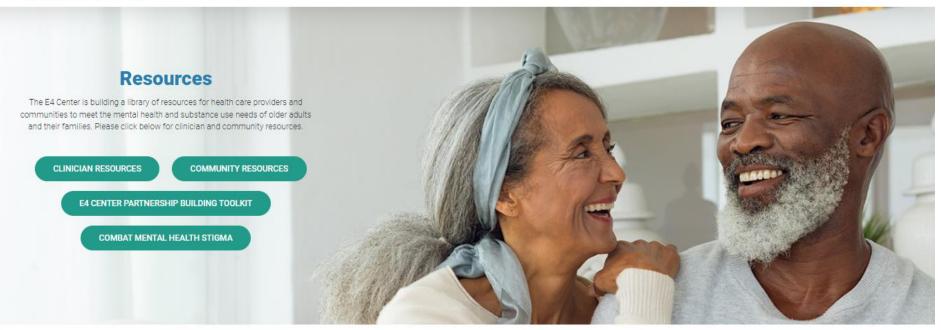
Improving Community Options for Older Adults (working paper) & The Impact of the Older Adult Mental Health Workforce Shortage on the Public Mental Health System (report) (PDE | 542 KB) & Older Adults Peer Support: Finding a Source for Funding (working paper) (PDE | 1.4 MB) & Weaving a Community Safety Net to Prevent Older Adult Suicide (working paper) (PDE | 1.1 MB) & Technology Transfer Centers (TTC) Program The purpose of the Technology Transfer Centers (TTC) is to develop and strengthen the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment and recovery support services for substance use disorder (SUD) and mental illness. At each TTC site, search terms such as older adults, geriatric, and seniors.



# E4 Center of Excellence for Behavioral Health Disparities in Aging https://e4center.org/



Home About Training & Technical Assistance - Resources Calendar Contact Q





#### Available now to download!

Utilizing Cross-Sector Partnerships to Reduce Behavioral Health Disparities in Older Adults

This toolkit describes the landscape of resources that influence older adults and their behavioral health needs and to provide meaningful guidance for partnering across sectors to improve outcomes for diverse older adults.

DOWNLOAD NOW



#### Coming in 2022:

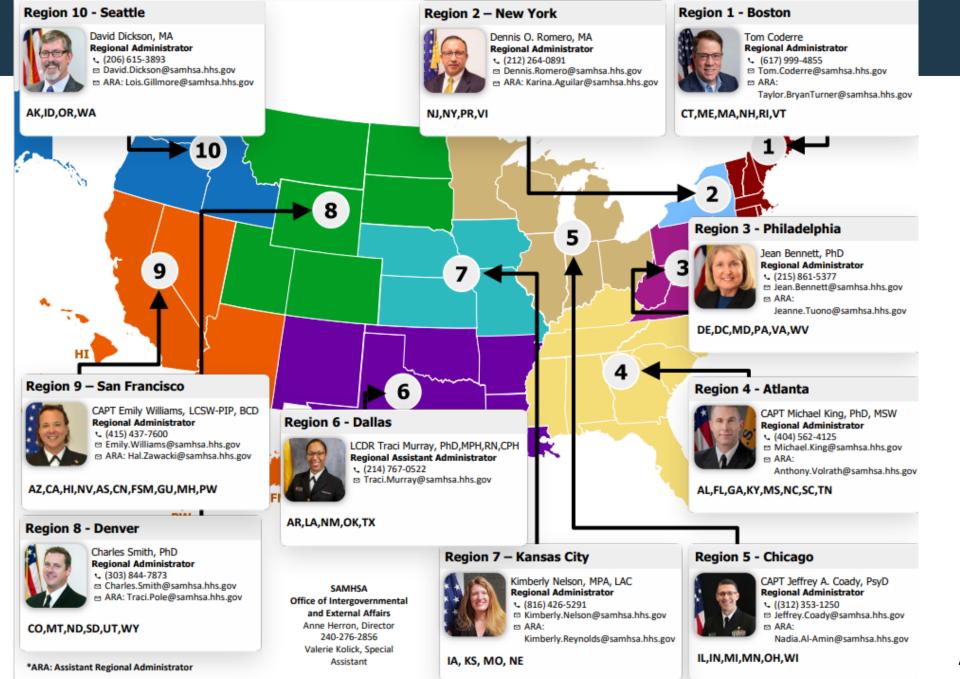
#### The Business Case for Initiatives to Improve Behavioral Health in Older Adults

This toolkit will outline the business case for supporting initiatives to improve behavioral health in older adults, highlighting revenue and contracting opportunities as well as the accrual of downstream savings and improved quality measures.

COMING SOON



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Substance Abuse and Mental Hea Services Administration

# National & Local Mental Health & Aging Coalitions



✓ National Mental Health & Aging Coalition, https://www.ncmha.org/

- ✓ Aging Wellness Coalition of Sedgwick County, Annette Graham, agraham@cpaaa.org
- ✓ Mental Health & Aging Coalition of Eastern Kansas, Nancy Luber, nancy.luber@jocogov.org
- ✓ Kansas Mental Health & Aging Coalition





SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

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